

## IMPACT/BRIEF PROJECT STATUS UPDATE ON THE CSR CONTRIBUTION MADE DURING FY 2023-24

	Name of NGO/Trust	category	Amount contributed (Rs. In Lakhs)	Purpose	Impact/Status
1	Anamrita Foundation	<b>Project on Eradicating hunger, poverty and malnutrition</b>	13.21	Sponsorship of midday meals for non-aided Government school children in Mumbai: Smt. Shantidevi B. Banerji Vidyalay and St Stephen's Middle School.	The amount is being utilised impacting 260 students of both the schools.
2	Animrita Foundation		19.20	Food to relatives of patients in Government hospitals in Mumbai: viz. Nair hospital, Cama hospital, St George hospital, GT hospital, TB hospital, Cooper hospital and TATA hospital	The amount is being utilised impacting almost 54000 people.
3	Saksham Foundation	<b>Promoting health care including preventive health care and sanitation</b>	20.28	Proposal on Improvement of Sanitation & Hygiene with the Digitalization of the Schools at Madhyamik Vidyalaya Nitalas and RZP school Siddhi Karavale in Talaja.	The amount is being utilised impacting almost 300 students and 20 teachers at the schools.
4	Shishu Vihar Mandal		10.00	Proposal for renovation of toilets, classrooms, entrance gate at school.	The amount is being utilised impacting almost 500 students especially girls.
5	Dignity Foundation	<b>Projects on setting up old age homes, day care centres and such other facilities for senior citizens</b>	25.00	DAY CARE CENTRES for people with Dementia (PwD) in Mahim.	The amount is utilised impacting over 500 people suffering from dementia.
6	Parkinson's Disease and Movement Disorder Society (PDMDS)		35.00	Support and rehabilitation of people with Parkinson's Disease and promotion of healthy ageing through rehabilitation and education about neurological conditions of the elderly in six centers of Maharashtra and one center in the north east	The amount is being utilised for the purpose impacting almost 300 patients.
7	Swami Brahmanand Pratishthan		30.00	Brahmagiri –Skill Development, Sheltered workshop, Residential Home for Persons with Intellectual Disabilities which will provide the following services for adult PwIDD: Sheltered Workshop; Skill Development Centre; Respite Care Centre; Residential Home; Parents self-help group	The amount is utilised.
8	Light of Life Trust	<b>Project on education, including special education and employment enhancing vocation skills</b>	22.89	Project Anando: Ensuring underprivileged rural secondary school childrens complete standard X in rural districts of Rajasthan (Bijolia, Makerdi, Gardada) with a vision to reach out there.	The amount is being utilised impacting 218 students of rural areas who were drop outs from the schools
9	Sant Tukaram Salvation Mission		15.00	Re-strengthening and repairs of School buildings of STS Mission, Malad	The amount is utilised impacting over 800 students.
10	Studeasy Foundation		24.49	Blended Learning program by using technology to provide quallity education to Govt. school students of 20 schools spread across rural areas surrounding Gandhidham (Kutch,	The amount is being utilised impacting almost 1 lakh students of these 20 schools.
11	Jankalyan Sevashram		5.30	Supporting education, healthcare nutrition and accommodation requirements of underprivileged children	The amount is being utilised impacting over 40 underprivillaged students of single parents
12	Swa.Savarkar educational Trust		15.00	Free Education with meals to underprivillaged students of tribal community	The amount is being utilised impacting almost 500 students for 5 months.

## IMPACT/BRIEF PROJECT STATUS UPDATE ON THE CSR CONTRIBUTION MADE DURING FY 2023-24

	Name of NGO/Trust	category	Amount contributed (Rs. In Lakhs)	Purpose	Impact/Status
13	Global SME DevNet (Yanblu Training Deck LLP.)	<b>Projects on Women Empowerment, Education and child education</b>	25.80	Skill Development Trainings for Underprivileged Women and youth in India- The courses of apparels like Sewing Machine Operator(SMO). The training duration for Sewing Machine Operator (SMO) will be for a period of 37.5 working days of 8 hours each day.	The amount is utilised impacting 150 women trained and their assessment was completed. These women are now self dependent for either employment or owned business.
14	Amcha Ghar		3.60	support in creating an impact on the bottom of the pyramid (BoP) of students (29 girls) who are commerce stream	The amount is being utilised impacting 29 girl students allowing them to appear for 12th standard exam.
15	Swadhar IDWC		25.00	Empowering girls from the marginalized communities of the society through education, counselling and guidance.	The amount is utilised in distribution of sanitary napkins to 209 girls from four schools as a part of teaching them menstrual hygiene; a career counseling session was conducted by a professional counselor for students who completed 10th and 12th grade examinations; sessions in schools were conducted on Language, Grammar, and Communication Skills and information regarding needy girls was collated for providing them financial assistance for education, verification of the documents submitted is under progress. Post completion of verification disbursement will commence .
16	Ekatmik Vikas Sansthan (Zilha Parishad Madhyamik School)		8.00	Education to underprivileged students (Rs. 3.50 lakhs) and repairs of basic services in the school ( Rs. 4.50 lakhs).	The amount is being utilised for development of the schools including repairs of toilets and classrooms and schlorship to students for promoting them to come to school for education.
17	Tara Mobile Creches, Pune		25.00	Strengthening, development and learning among the children as well as the care givers based at day care centers.	The amount is being utilised towards conducting health checkups of 752 childrens and providing medical assistance to 367 childrens;organising activities for infants and their developments, life skill activities; Parents meetings were conducted to educate them about positive parenting, etc.
18	Light of Life Trust	<b>Projects relating to ESG</b>	19.38	Distribution of 1 year old saplings of Mango, Cashew, Guava to identified farmers and imparting trainings for cultivation of the same.	6000 fruit bearing trees were distributed to 300 farmers from five villages of Karjat taluka viz. Kuderan, Numberwadi, Banachiwadi, Chinchwadi and Wagyachiwad as well as five villages of Murbad taluka viz. Paradhawadi, Banachiwadi, Kewarwadi, Zadghar and Mohachiwadi on 23rd and 25th August 2023. 10 Mangoes, 5 Guavas, 5 Cashew plant's were distributed to 300 farmers each. Now the followups are being taken and sessions for cultivation without using much chemical fertilizers are conducted periodically.
19	Tata strive		50.09	Training & Promoting Livelihood Amongst Disadvantaged Youth in GOA and Nagpur Skill Training of youth in Nagpur: training in the field of General Duty Assistant, Banking and Finance Insurance- Business Development Eexecutive, Web Designing, Front Office Assistant & Skill Training of youth in Goa: professionals in the hospitality sector, construction workers - electricians, plumbers, logistics, business development partners, etc	The amount is utilised impacting 410 people trained for - General Duty Assistant (83); Business Development Executive (75); Web Designing (72); Front Office Assistant (62) at Nagpur training centre. General Duty Assistant (42); Web Designing (37); Front Office Assistant (48) at Goa taining centre.
			<b>392.24</b>		



**Promotion of Healthy Ageing through education and awareness about neurological conditions of the elderly for the Geriatric population in Ahmadnagar, Aurangabad, Dombivli, Guwahati and Sangli**

**Multidisciplinary rehabilitation and education program for People with Parkinson's and their carers in Aurangabad, Dombivli, and Guwahati**

Project Report

**April 2023 to March 2024**

Supported by:

**Everest Kanto Cylinders Ltd.**

**SUPPORT AND REHABILITATION OF PEOPLE WITH PARKINSON’S DISEASE  
AND PROMOTION OF HEALTHY AGEING THROUGH REHABILITATION AND  
EDUCATION ABOUT NEUROLOGICAL CONDITIONS OF THE ELDERLY IN  
FOUR CENTERS OF MAHARASHTRA AND ONE CENTER IN THE NORTH-EAST**

**Annual Report, April 2023 to March 2024**

The Parkinson’s Disease and Movement Disorder Society (PDMDS) is an all India registered charitable society founded by renowned neurologist Dr. Bhim Sen Singhal in 2001 under the Society Registration Act of 1860. It provides ‘free-of-cost’ services and programs to People with Parkinson’s (PwP’s) and their caregivers (CGs) and raises awareness about this neurological condition. Under its ‘knowledge and care’ motto, PDMDS has been working in and around Maharashtra and North-East, where people know very little about neurological conditions, and this information is often non-existent amongst the elderly.

PDMDS is providing free rehabilitation programs to improve the quality of life of people with Parkinson’s Disease and other neurological disorders including Stroke, and Dementia amongst many others. The programs are being offered through two initiatives. PDMDS multidisciplinary model of care has been internationally recognized as an effective model of care for people with Parkinson’s and their caregivers in developing countries. It is offered through support groups for people with Parkinson’s. An integral part of the model is the focus on self-management strategies for ‘**Activities of Daily Living**’ to improve independence and reduce caregiver burden and stress. Currently, PDMDS provides its services through a network of over 70 community-based support centers and online programs across the country. The second initiative is focused on prevention through its ‘**Healthy Ageing**’ program where it reaches out to senior citizens and those living at senior residential facilities. Through this program, PDMDS aims to educate on neurological conditions prevalent in the elderly population and offer interventions to enhance physical and psychological wellbeing of senior citizens.

**Everest Kanto Cylinders Ltd.** has been supporting projects at five centres in the following areas:

1. Ahmadnagar
2. Aurangabad
3. Dombivli
4. Guwahati
5. Sangli

Our team of physiotherapists, psychologists, and social workers, with expertise in the field of neurorehabilitation have designed ‘Community based prevention, promotion and rehabilitation’ programs which are delivered ‘free of cost’ through varied strategies that are adapted to the context and availability of suitable venues and locations.

Despite having similar goals and objectives for each of these projects, the approach taken to work towards them have been quite different in practicality. Our approach differed based on the responses we got through our awareness drives in and around the project areas. Based on

the feedback, we strategized and formulated the session content and the deliverance of the same.

## Project Updates

### 1. Ahmadnagar – Healthy Ageing Program in Rural Areas

A total of 188 organizations have been reached by our team. Through these networking drives approximately 300 people have been sensitized and educated on the neurological conditions of the elderly and the importance of Healthy Ageing.



The ‘Healthy Ageing’ program is delivered through community based senior citizen groups and those living at senior residential facilities. Through this program, we educate on neurological conditions prevalent in the elderly, particularly Dementia, Parkinson’s and Stroke. It includes understanding of these conditions and ways to recognize the symptoms. It also includes an ongoing program of ‘physical and cognitive exercises’ to enhance physical and psychological wellbeing and promote social engagement.

The Mumbai team along with the team in Ahmadnagar, have been effectively working to reach out to as many beneficiaries to achieve the objective of this project.

Regular training sessions throughout the year have been taking place to ensure the efficient delivery of content and therapy.

**Networking** - The strategies used to achieve the reach has been door-to-door surveys, awareness campaigns, visiting the villages and small towns to connect with the locals and build trust and rapport. This can be evidenced through the regular attendance at the ongoing programs.



- **Total no. of networking and sensitization visits conducted – 188**
- **Total No. of Beneficiaries - 754**

The overwhelmingly positive feedback, over the course of the year, has motivated us to move forward and establish over **24 Healthy Ageing centres** in Ahmadnagar. Each centre conducts sessions at least twice a month with different activities and objectives.

<b>Sr No.</b>	<b>Session activities and exercises</b>	<b>Objectives - To enhance:</b>
<b>Physical Wellbeing</b>		
1	Warm-up and cool-down exercises	Full body mobility and flexibility
2	Upper Limb Exercises	Limb Strength and range of movements, trunk stability
3	Finger and hand exercises	Fine motor movement, coordination, dexterity
4	Rubber Band and Finger Exercises	Coordination and finger strength, management of tremors
5	Trunk exercise	Strengthening and stability of trunk and its movements
6	Falls + Balance Exercises	Lower limb mobility and Balance, Awareness of causes of falls and tips to prevent and manage them
7	Chair cognitive activities	Stimulate the right and left side of brain to work in coordination
8	Chair Yoga	Flexibility, stretching, coordination of limbs, attention, breathing regulation and stamina
9	Wand Exercises	Posture correction, Upper body and limb mobility and strength
10	Chair Aerobics	Stamina and flexibility, Auditory sequencing, auditory attention, memory
11	Voice and Movement	Dual Tasking, practice speaking while moving
<b>Psychological Well being</b>		
1	Cognitive exercise of “Suresh Says”	Auditory sequencing, auditory attention, memory
2	Paper Fan making	Concentration and hand eye coordination
3	Monsoon Activities: Rain circle, monsoon memories, paper boat making	Creativity, memory, positive emotions
4	Activities of Independent living	Practice of daily activities to make them simple and easy like folding clothes, sequencing, drill practice
5	Mandala colouring	Concentration, attention to finer details, sequencing, and pattern practice
6	Cognitive activity ‘ Shakalaka’	Dual tasking
<b>Special celebratory activities</b>		

1	Independence Day songs	4	Republic day patriotic songs
2	Rakhi making	5	Holi Celebration
3	Diwali toran making		



**Regular Healthy Ageing Programs have been taking place at the following centres:**

- |  |   |
|--|---|
| 1. Matoshree Home for the Aged<br>No. of people in attendance - 27 | 12. Kolhewadi<br>No. of people in attendance - 35   |
| 2. Don Bosco Parish<br>No. of people in attendance - 23            | 13. Kawadgaon<br>No. of people in attendance - 25   |
| 3. Arangaon Road<br>No. of people in attendance - 17               | 14. Bhatodi<br>No. of people in attendance - 31     |
| 4. Kapur Wadi<br>No. of people in attendance - 30                  | 15. Newasa<br>No. of people in attendance - 31      |
| 5. Mehekri<br>No. of people in attendance - 25                     | 16. Pinpalgaon Malvi - 20                           |
| 6. Sonewadi<br>No. of people in attendance - 28                    | 17. Kavadi Gaon<br>No. of people in attendance - 25 |
| 7. Ratadgaon<br>No. of people in attendance - 25                   | 18. Pargaon<br>No. of people in attendance - 15     |
| 8. Jamb<br>No. of people in attendance - 32                        | 19. Bandkhel<br>No. of people in attendance - 17    |
| 9. Sarola<br>No. of people in attendance - 29                      | 20. Marathwadi<br>No. of people in attendance - 19  |
| 10. Takli Kazi<br>No. of people in attendance - 25                 | 21. Emampur<br>No. of people in attendance - 20     |
| 11. Madadgaon<br>No. of people in attendance - 25                  | 22. Mulewadi<br>No. of people in attendance - 12    |

- **Total No. of Beneficiaries - 516**

## Training & Meetings

Regular trainings and meetings are conducted by the Mumbai team for the Ahmadnagar team to ensure the quality of work is upheld, and any queries of difficulties are promptly resolved.

### **2. Aurangabad – PD Support Group**



This project was initiated in May 2023. We work together with a team of a physiotherapist and a social worker at Sneh Savli Care Centre, to ensure we deliver regular PD Support Group sessions.

The sessions conducted are an amalgamation of Physical and multidisciplinary intervention and information on PD, to ensure a holistic approach to the management of PD.

The Physiotherapy modules are designed to ensure every motor symptom is addressed in the best way possible, for example, for shoulder mobility we have wand exercises, for lower limb weakness and walking/balance difficulties we have lower limb strengthening exercises, gait training, balance exercises, etc.

The Psychotherapy focuses on psychoeducation and practical tips about managing the non-motor symptoms of Parkinsons. It includes topics about Anxiety and Depression, Sleep issues, Hallucination and Delusions, stress management, emotional management, etc. and includes Diet and Nutrition, etc.

The **sessions conducted** over the year included warm up and cool down exercises, Occupational Therapy for transfers, eating and drinking, toileting, bathing & washing, writing; Speech Therapy, Lower Limb Strengthening, Balance exercises, Freezing and Gait training, Fall prevention, Wand exercises for shoulders, Chair yoga, Upper limb Strength training, LSVT (Lee Silverman Voice Therapy), breathing techniques, Sitting Boxing and Rigidity. Along with physical exercises cognitive exercises to improve attention and concentration, rigidity in thought, brain gym, goal setting and positive thinking, diet and nutrition is provided. There were special art and craft sessions, aimed at fine motor skills training were conducted during Christmas, Diwali, Raksha Bandhan were also included.



Handouts were given after the sessions so the PwP's could follow the home program.

- **No of PwP's attending the session – 12**



## **Healthy Ageing Program**

After the successful launch of the PD Support group in this Residential Old Age Home, we began with a Healthy Ageing Program in the same premises. Since this is a residential home, it was easy to commence the Healthy Ageing centre.

There are regular Healthy Ageing sessions taken every Wednesday at 10:30 am in the home, by a resident Social Worker and a visiting Physiotherapist, who oversee the centre.

The Physiotherapist at the centre conducted session on topics of lower limb strengthening, balance exercises, co-ordination activities, along with full body exercises for strengthening exercises. Along with this, there were sessions conducted on how to lead a healthy lifestyle which included Sleep hygiene, diet and nutrition, etc.

- **No. of Senior Citizen attending the session - 25**

**Trainings & Meetings** – The Outreach Coordinator, from the Mumbai team, keeps regular communication with the Aurangabad Team to make sure any queries and difficulties are swiftly solved to ensure smooth running of the PD Support Group. The physiotherapist at the centre and the coordinator from the facility are frequently trained.

### **3. Dombivli – PD Support Group & Healthy Ageing Program**

**Networking** – Our team of Social Workers and Therapists have worked extensively to reach beneficiaries through door-to-door surveys, meeting officials, awareness campaigns, meeting village/district heads, etc., across the area to connect with the locals and build awareness of the various Neurological Conditions of the elderly.



- **Total no. of networking and sensitization visits conducted - 44**



**Awareness Programmes** – Through the widespread networking campaign, we have been able to extend our reach to many beneficiaries. Four awareness and educational programmes were conducted through this initiative.

- **Total no. of beneficiaries reached through Awareness sessions – 188**

Through this networking and Awareness programs, we have established **5 Healthy Ageing Programs** in the area.

- Senior Citizen Group – Kalyan, Lane 6  
No. of people attending - 24
  - Our Lady of Lourdes Church, Kolshewadi  
No. of people attending - 16
  - Shanti Bhavan Old Age Home  
No. of people attending – 20
  - Majhe Ghar Old Age Home  
No. of people attending - 10
  - Matoshree Vriddhashram, Khadavli  
No. of people attending – 25
- **Total No. of Beneficiaries in Healthy Ageing Centres - 95**

### **PD Support Group**

Regular PD Support groups Sessions have been taking place weekly on Mondays at Swargiya Sridhar Parasuram Mhatre Park, Dombivli West, at 11 a.m.

The sessions conducted are an amalgamation of Physical and multidisciplinary intervention and information on PD, to ensure a holistic approach to the management of PD.



The Physiotherapy modules are designed to ensure every motor symptom is addressed in the best way possible, for example, for shoulder mobility we have wand exercises, for lower limb weakness and walking/balance difficulties we have lower limb strengthening exercises, gait training, balance exercises, etc.

The Psychotherapy focuses on psychoeducation and practical tips about managing the non-motor symptoms of Parkinsons. It includes topics about Anxiety and Depression, Sleep issues, Hallucination and Delusions, stress management, emotional management, etc. and includes Diet and Nutrition,

Handouts were given after the sessions so the PwP's could follow the home program.

- **Total No. of Beneficiaries - 12**

**Trainings & Meetings** – Individual and Group meetings take place weekly to evaluate and monitor the program and make need-based adaptations.

### **4. Guwahati – PD Support Group**

This PD Group was initially started as an online program. In April 2023 sessions were initiated every Tuesday at 4 pm at the Sarvoday Healthcare in Fancy Bazaar. The sessions are conducted



by a local Physiotherapist, who is regularly trained by the Mumbai team. The online sessions take place every Thursday at 11:30 am, these sessions are conducted by the team in Mumbai via Zoom to reach out to those unable to attend the centred due to varied reasons.

The sessions conducted over the year included warm up and cool down exercises, Occupational Therapy for transfers, eating and drinking, toileting, bathing & washing, writing; Speech Therapy, Lower Limb Strengthening, Balance exercises, Freezing and Gait training, Fall prevention, Wand exercises for shoulders, Chair yoga, Upper limb Strength training, LSVT (Lee Silverman Voice Therapy), breathing techniques, Sitting Boxing and Rigidity. Along with physical exercises cognitive exercises to improve attention and concentration, rigidity in thought, brain gym, goal setting and positive thinking, diet and nutrition is provided. There were special art and craft sessions, aimed at fine motor skills training were conducted during Christmas, Diwali, Raksha Bandhan were also included.

Handouts were given after the sessions so the PwP's could follow the home program.

- **Total No. of Beneficiaries - 14**

### **Healthy Ageing Program**

A Healthy Ageing Program was started in December 2023 at Pramod Talukdar Old Age Home. Since its commencement, regular sessions are being conducted at the Home.

**Session Content** – Warm-up and cool-down exercises, occupational therapy for eating, drinking, toileting, bathing, and writing, as well as speech therapy, lower limb strengthening, balance exercises, freezing and gait training, fall prevention, shoulder wand exercises, chair yoga, upper limb strength training, LSVT (Lee Silverman Voice Therapy), breathing techniques, sitting boxing, and rigidity were among the activities done over the course of the year. Together with physical activities, cognitive exercises are offered to enhance focus and attention span, mental stiffness, brain gym, goal-setting, and optimistic thinking. Diet and nutrition are also supplied. Special art and craft



classes targeting the development of fine motor skills were held in conjunction with Christmas, Diwali, and Raksha Bandhan.

- **Total No. of Beneficiaries – 22**

**Trainings & Meetings** - Trainings are being conducted with the Guwahati physiotherapist, on a weekly basis. The sessions include discussions about the previous session, followed by any suggestions about changes which can be made for the coming week. This is followed by training on the next session as well as conducting a mock session if required.

## **5. Sangli – Healthy Ageing Program**

The ‘Healthy Ageing’ program is delivered through community based senior citizen groups and those living at senior residential facilities. Through this program, we educate on neurological conditions prevalent in the elderly, particularly Dementia, Alzheimer’s, Parkinson’s and Stroke. It includes understanding of these conditions and ways to recognize the symptoms. It also includes an ongoing program of ‘physical and cognitive exercises’ to enhance physical and psychological wellbeing and promote social engagement.



**Networking** – Various methods such as door-to-door surveys, home visits, awareness campaigns, meeting up with village officials have helped our team to reach put to the people within the community. We have

spoken to and been in contact with 18 organizations in the area. In September & October we covered over 500 houses in door-to-door networking

- **Total no. of networking and sensitization visits conducted - 518**

**Awareness Programmes** – These programs are aimed at educating the people about the neurological conditions of the elderly and how they can lead a healthy lifestyle. So far we have conducted **23 Awareness Programs**.

- **Beneficiaries reached - 684**

### **Healthy Ageing Programs**

Due to the success of the Awareness programs, we have been successful in establishing **5 Healthy Ageing Centres** in Sangli.

**Sessions conducted** – Warm up, Cool down, Trunk exercises, Cognitive Activities.



- Seva Vrudhashram, Sangli  
No. of people attended - 35
- Virangula Kendra, Sangli  
No. of people attended - 30
- Aai Vrudhashram, Kolhapur  
No. of people attended – 17
- Om Shanti Centre, Kupwad  
No. of people attended - 12
- Ambedkar Udyan, Miraj  
No. of people attended – 15

➤ **Total number of people attended - 109**

**Meetings & Trainings** – Regular meetings and trainings have been taking place weekly to ensure the quality of work is maintained.

- Individual meetings – 2-3 weekly
- Group meetings – 4 in a month
- Training sessions – 3 monthly

THANK YOU for supporting the activities of PDMDS for 2023-24. We look forward to future association with you.



EVEREST KANTO CYLINDER LIMITED



# Light of Life Trust

In partnership with

## Everest Kanto Cylinder Limited

Jagruti Division

Environment Conservation Vertical

Karjat Taluka – Raigad District,

Murbad Taluka -Thane District,

Maharashtra State

**Programmatic Report: July to October 2023**

## Details of Field Visits done by the Team:

Month	Visits by Executive - No. 1				Visits by Executive - No. 2				Visits by Executive - No. 3			
	Village	No. of Farmers	No. of Group Meetings	Farmers No. of farmers	Village	No. of Farmers	No. of Group Meetings	Farmers No. of farmers	Village	No. of Farmers	No. of Group Meetings	Farmers No. of farmers
July 2023	10	95	06	69	03	63	04	34	The recruitment process was ongoing this month.			
August 2023	02	44	02	27	08	421	04	46				
Sept 2023	14	96	01	08	16	133	01	12	13	86	02	17
Oct 2023	11	90	01	13	11	119	07	67	10	79	01	7

Month	Visits by Senior Environment Officer			
	No. of Villages	No. of Farmers	No. of Group Meetings	Farmers No. of farmers
July 2023	07	105	02	35
August 2023	02	16	02	21
Sept 2023	04	37	03	41
Oct 2023	03	34	02	22

## Report for the Month of July - 2023

- **Village selection process:** Total 263 farmers across 20 villages were covered during the village selection process.
- **Group Meeting:** Total 138 farmers across 12 group meeting were covered during farmers selection. Team interacted with the farmers about criteria in the group meetings. During these meetings, the LOLT team gave orientation about Environment Conservation Program.
- **Plant Distribution Training to Team & Farmer:** How to do plant distribution as well as arrangement of space for distribution and participation of farmers were given training to Team and farmers.
- **Documentation:** - The Environment Conservation team designed thumb sheets and new banners for the plant distribution program.
- **Reports & Documentation**

- Prepared weekly & monthly reports of Environment Conservation Program
- Accounting & Voucher preparation

## Glimpses into the activities undertaken in the month of July 2023:



### Village Selection Process



Consent Form Environment Conservation Project

We undersigned resident of the (name of the Village) Block: Bhayachawan, District: Karjat, Maharashtra voluntarily consent to be part of Environment Conservation cum Income generating project jointly implemented by Avastya Foundation and (Partner NGO). We also confirm that we have received number of plants and species specified below. We agree that we would do the pre, post, plant received species in the land owned by us, water the plants and nurture them. We also undertake that we would form farmer group which would meet monthly for ensuring community based monitoring and ensuring optimum survival. We further consent and agree to cooperate to the maximum extent possible and ensure survival of the plants which is likely to generate income in the future for us. We have been made aware that farmers entitled and have ownership of production of fruits from ones owned land. We are aware that clarity of this nature would avoid conflict during fruit bearing stage.

Sl No	Name of the Farmer	Plant Species								Total	Thumb	Signature
		Mango	Cashew	Chikoo	Lemon	Gauva	Custard Apple	Coconut	Jamun			
1	Hanumantra Malu Bhata	10	3	5	2	5	8	2	5	20	60	
2	Patu Rama Bhata	10	3	5	2	5	8	2	5	20	60	
3	Jagan Dehu Bhata	10	3	5	2	5	8	2	5	20	60	
4	Santosh Jagai Bhata	10	3	5	2	5	8	2	5	20	60	
5	Suresh Shikha Bhata	10	3	5	2	5	8	2	5	20	60	

### Documentation

## Report for the Month of August 2023

- **Plant distribution:** Total 481 farmers across 12 villages were covered during the plant distribution process.



- **Group Meeting:** Total 94 farmers across 08 groups meeting were covered during distribution process. Team interacted with the farmers about actual process of plant distribution group meetings. During these meetings, the LOLT team gave orientation about Environment Conservation Program.
- **Plantation Lay-Out Training to Team:** - First the Environment team was trained to lay out the plantation. In the training, farmers were taught practically how to plant trees according to the size of their plots.
- **Plantation Lay-Out Training to Farmers:** - After that, the Environment team conducted group meetings in 10 villages and imparted plantation training to the farmers.
- **Pit Digging Training:** - Farmers were trained to keep different types of fertile soil, medium soil, and stones in between the actual training.
- **Plant Distribution Training to Team & Farmer:** - How to do plant distribution as well as arrangement of space for distribution and participation of farmers were given training to Team and farmers.
- **Message for plant Distribution:** - As per planning, message was given to 300 farmers for plant distribution on 22<sup>nd</sup> and 24<sup>th</sup> August 2023. During this visit, training was given to all farmers on process of plant distribution and how to do actual plantation.
- **Plant Distribution:** - Environment Conservation Team successfully distributed 6000 fruit bearing trees to 300 farmers in Karjat five villages of Karjat taluka and five villages of Murbad dated on 23<sup>rd</sup> and 25<sup>th</sup> August 2023. Total 300 farmers were distributed 10 Mangoes, 5 Guavas, 5 Cashew plant's to each farmer.

Name of 10 villages:-

Sr. No.	Karjat Taluka	Sr. No.	Murbad Taluka
1	Kuderan	6	Paradhwadi
2	Numberwadi	7	Banachiwadi
3	Banachiwadi	8	Kewarwadi
4	Chinchwadi	9	Zadghar
5	Wagyachiwad	10	Mohachiwadi

- **Reports & Documentation**
  - Prepared weekly & monthly reports of Environment Conservation Program
  - Accounting & Voucher preparation

**Glimpses into the activities undertaken in the month of August 2023:**



Aug 5, 2023 12:34:36  
Environment Conservation Vertical  
supported by Everest Kanto Cylid



Aug 10, 2023 12:29:23  
Unrained Road  
Raigad  
Konkan Division  
Maharashtra  
Environment Conservation Vertical  
supported by Everest Kanto Cylinder



Aug 9, 2023 16:55:03  
Environment Conservation Vertical  
supported by Everest Kanto Cylinder



Aug 10, 2023 12:05:44  
Unrained Road  
Raigad  
Konkan Division  
Maharashtra  
Environment Conservation Vertical  
supported by Everest Kanto Cylinder



Aug 5, 2023 15:44:24  
Environment Conservation Vertical  
supported by Everest Kanto Cylid

Village Group Meetings



Aug 23, 2023 1:04:53 PM  
Supported by Everest Kanto Cylinder Ltd.  
Environment Conservation  
Light Of Life Trust



Aug 23, 2023 1:02:36 PM  
Supported by Everest Kanto Cylinder Ltd.  
Environment Conservation  
Light Of Life Trust



Plant Distribution-Karjat Taluka





Plant Distribution-Murabad Taluka

## Report for the Month of September 2023

- **Village & Plant Follow up:** A total of 352 farmers across 47 villages were included in Actual plantation, the plant follow-up and the collection of farmers' information sheets.
- **Group Meeting:** A total of 78 farmers across 07 group meetings were covered during the plant follow-up and collection of farmers' information sheets. The team interacted with the farmers regarding upcoming training sessions, during these meetings, and the LOLT team provided comprehensive information about organic insecticide materials.
- **Farmer Training:** - In September, the Environment Team conducted a total of 06 training sessions in Karjat and Murbad Taluka. Total 303 farmers were covered through following training sessions.
- **Plant Staking Training :-** After the plantation was completed, the farmers were trained in staking training to prevent damage to the plants due to strong winds. By supporting the trees with wooden sticks, the plant does not move and water does not enter the trunk. After successful completion of this process the plants are able to survive.
- **Soil Support:** - In September, floods and heavy rains caused soil erosion around the trees. Consequently, farmers were educated about the significance of providing soil support to the trees through training. As a result, farmers began prioritizing the care of their trees.
- **Farmers Information Sheet:** - In the month of September, the Environment Conservation Team collected information from farmers. They gathered information sheets from 84 farmers in Karjat taluka and 173 farmers in Murbad.
- **Village Representative Committee:-** The Everest Kanto Cylinder Environment Conservation Team has established Village Representative Committees in ten villages. These committees consist of three farmers selected from each village.
- **Reports & Documentation**
  - Prepared weekly & monthly reports of Environment Conservation Program
  - Accounting & Voucher preparation

Glimpses into the activities undertaken in the month of September 2023:



Plant Follow up





Farmers Trainings

## Report for the Month of October 2023

- **Village & Plant Follow up:** A total of 300 farmers across 10 villages were included in the plant follow-up farmers representatives committee and the collection of farmers' information sheets.
- **Group Meeting:** A total of 109 farmers across 11 group meetings were covered during the farmers representatives committee and the collection of farmers' information sheets. The team interacted with the farmers regarding upcoming training sessions, during these meetings, and the LOLT team provided comprehensive information about organic insecticide materials.
- **Exposure visits for Everest Kanto Cylinder Environment Team:-**
  - The exposure visit of Light of Life Trust Environment Team was concluded at Dr. Babasaheb Sawant Konkan Krishi Agricultural University, Dapoli.
  - In this visit, the team first visited the Agriculture Department to get detailed information on how Mangoes, Cashews, Guavas and Chiku Graft are prepared.
  - After that team visited the Cashew processing unit and also saw in detail how the cashew Wine is prepared.
  - After that detailed information was taken on how to plant and grow all the Spice crops.
  - Also got a close look at special breeds of Goats and different breeds of Gavran Chickens.
  - Finally, detailed information about how to process Cashew seeds, packing, grading and selling was obtained from the Volga Cashew factory.
- **Farmer Training:** - In October, the Environment Team conducted a total of 04 training sessions in Karjat and Murabad Tehsil. Total 300 farmers were covered through following training sessions.
- **Ring Preparation for Water:-** Ensuring that the plants receive adequate water after the rainy season is crucial for their health and growth. The method described, digging a ring six inches wide and six inches deep around the tree, is known as a "watering ring" or "soakage ring." This technique helps direct and retain water around the tree, allowing it to penetrate deeply into the soil and benefit the plant's root system.
- **Organic Insecticides Training:** - Farmers are being trained on the properties of Neem Leaves, Tobacco, and PEDILANTHUS plants for the production of organic insecticide spray. Since these

plants are readily available to farmers at no cost, they derive significant benefits, ensuring the organic status of their fruit trees.

- **Plant Mulching Training:**The Kokan region receives a substantial amount of rainfall. However, due to the high temperatures, watering plants in summer leads to immediate evaporation, resulting in insufficient water absorption for the plants. To address this issue, grass mulch is applied near the base of the trees to retain water and moisture. This grass cover effectively retains moisture, aiding in the proper growth of the trees.
- **October Heat Training:** After the monsoon season, the transition to the month of October can bring about significant heat, leading to increased evaporation rates from both the soil and plants. This elevated evaporation, combined with the warmth, can result in a need for additional watering to maintain soil moisture and sustain the growth of trees, particularly in hot and dry conditions.
- **Reports & Documentation**
  - Prepared weekly & monthly reports of Environment Conservation Program
  - Accounting & Voucher preparation

### Glimpses into the activities undertaken in the month of October 2023:



Farmers Training Karjat



Farmers Training- Murbad







Plant Follow up



Team Exposure Visit - At Agriculture University Dapoli



# **EVEREST KANTO CYLINDER LIMITED**

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**Annual Report – FY 2023-2024**

**Nagpur and Goa**



Everest Kanto Cylinder Limited (EKCL) is a leading manufacturer of seamless steel gas cylinders and a pioneer in development & production of gas cylinders EKCL today is producing over 2.4 million industrial gas cylinders and 1.1 million CNG cylinders in service.

Tata Community Initiatives Trust (TCIT) is a Public Charitable Trust setup in 2014. Tata STRIVE, is the skill development initiative of TCIT. It addresses the pressing need of skilling India's youth for employment, entrepreneurship and community enterprise.

EKCL keen to impact lives of youth in the age group of 18-35 years, by offering high quality skill training opportunities, further equipping the youth suitably for placement collaborated with Tata STRIVE. Thus, together creating an impact in lives of identified youth in the two states of Maharashtra and Goa.



# FUNDER COMMITMENT FY 2023-24



Location	Course Name	Target (FY 2023-24)	Students Certified	Percentage
Nagpur	General Duty Assistant	75	83	111%
	Business Development Executive	70	75	107%
	Web Designing	70	72	103%
	Front Office Assistant	75	62	83%
Goa	General Duty Assistant	40	42	105%
	Web Designing	42	37	88%
	Front Office Assistant	47	48	102%
<b>Total</b>		<b>419</b>	<b>410</b>	<b>100%</b>

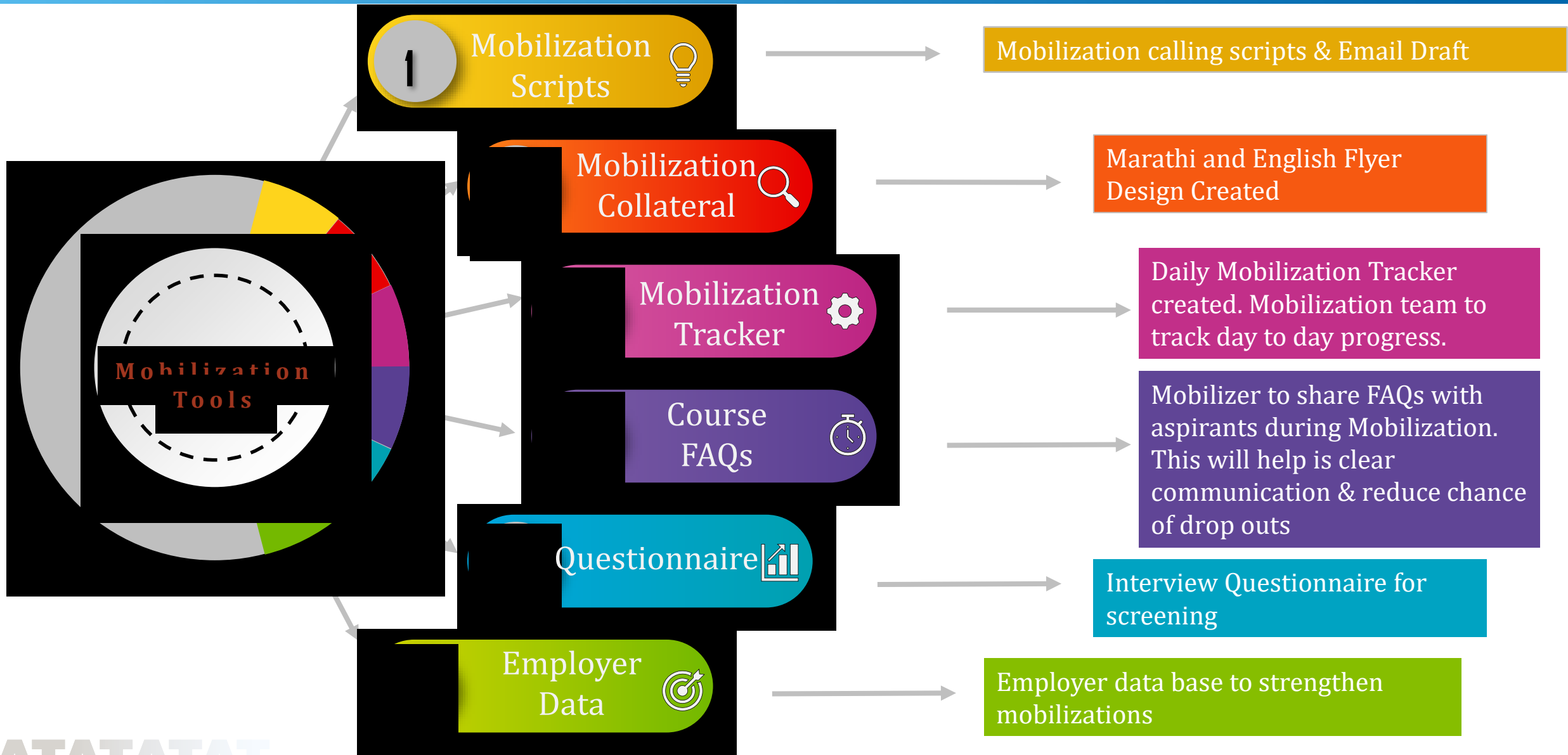
	Details of Completed Batches								
	Batch Name	Start Date	End Date	Enrolled	Dropout	Completed	Certified	Placed	Joined
Nagpur	BDE_00490	11-Sep-23	26-Oct-23	28	1	27	27	26	26
	BDE_00548	22-Nov-23	02-Jan-24	27	0	27	27	27	27
	BDE_00440	17-Apr-23	29-May-23	22	1	21	21	18	18
	FOA_00046	02-Jan-24	20-May-24	32	0	32	32	28	28
	FOA_00025	28-Mar-23	22-Jun-23	24	11	13	13	8	8
	FOA_00044	25-Sep-23	14-Dec-23	23	6	17	17	15	15
	GDA_00116	21-Mar-23	09-Jun-23	30	2	28	28	23	23
	GDA_00120	31-Mar-23	22-Jun-23	28	8	20	20	19	17
	GDA_00115	08-Mar-23	28-May-23	23	2	21	21	18	16
	GDA_00129	15-May-23	04-Aug-23	21	7	14	14	13	13
	UX Design_00026	04-Dec-23	10-Feb-24	30	1	20	20	17	17
	UX Design_00019	22-May-23	01-Aug-23	30	3	27	27	21	17
	UX Design_00024	21-Aug-23	30-Oct-23	28	3	25	25	23	23
Goa	FOA_00028	25-May-23	15-Sep-23	28	4	24	24	10	9
	FOA_00035	17-Aug-23	05-Dec-23	24	5	19	19	4	4
	FOA_00037*	10-Jan-24	20-Mar-24	13	8	5	5	0	0
	GDA_00130	05-Jun-23	23-Aug-23	20	3	17	17	11	11
	GDA_00144	04-Aug-23	23-Oct-23	26	1	25	25	8	5
	UX Design 00027	26-Oct-23	10-Jan-24	15	2	13	13	7	7
	UX Design 00028*	24-Jan-24	25-Mar-24	31	4	27	24	1	1
	<b>Total</b>			<b>503</b>	<b>72</b>	<b>422</b>	<b>419</b>	<b>297</b>	<b>285</b>

Sl. No	Segment	Brand
1	BDE	ICICI Prudential
2	BDE	Yes Bank
3	UX-Design	Accenture
4	UX-Design	Capgemini
5	FOA	IHCL
6	FOA	RPR Services
7	GDA	Horizon Hospital
8	GDA	Kingsway Hospital

**Increase in number of partners for placements and OJT's-  
year-on-year**



TATA TRUSTS





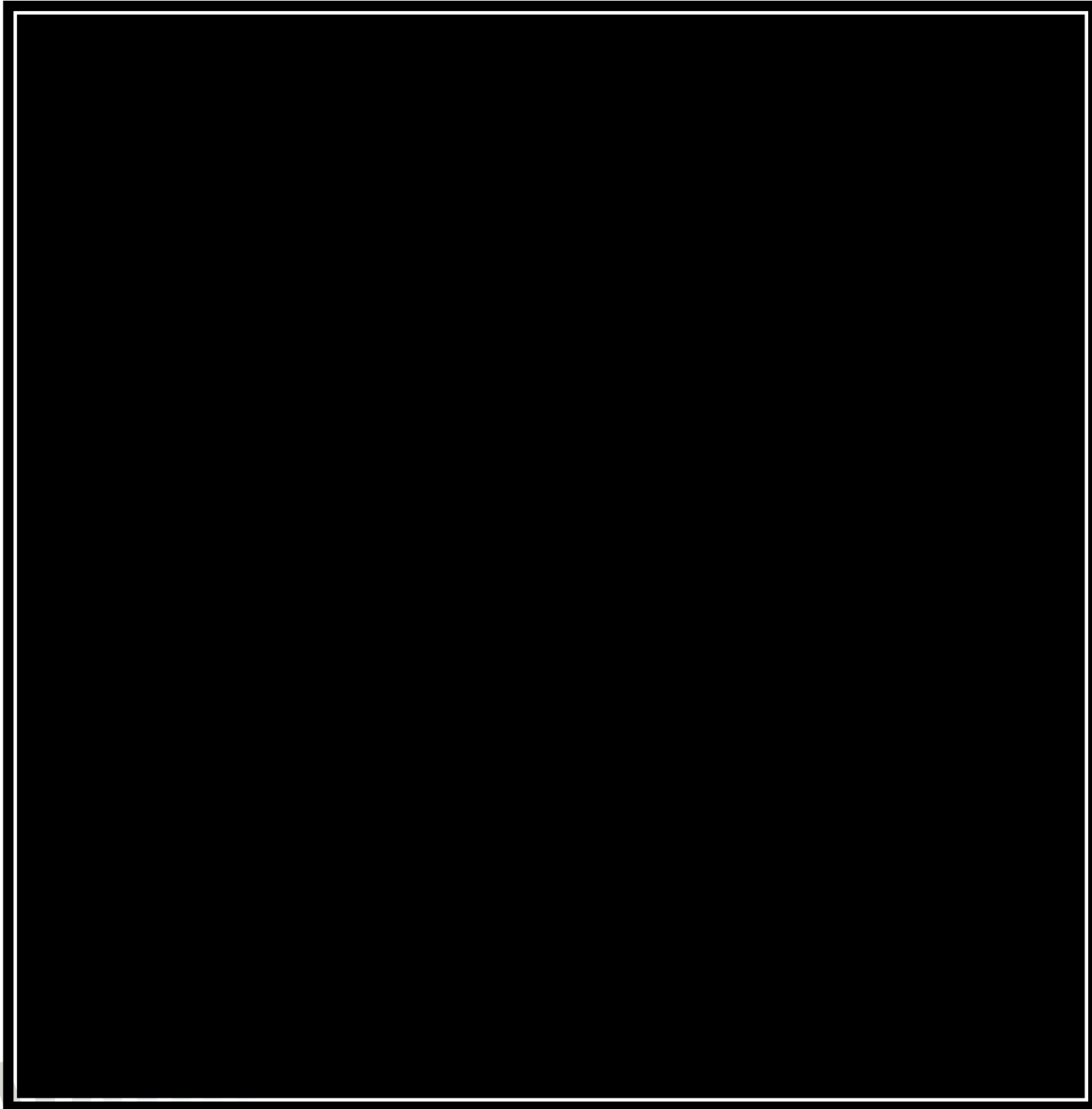
# MOBILIZATION

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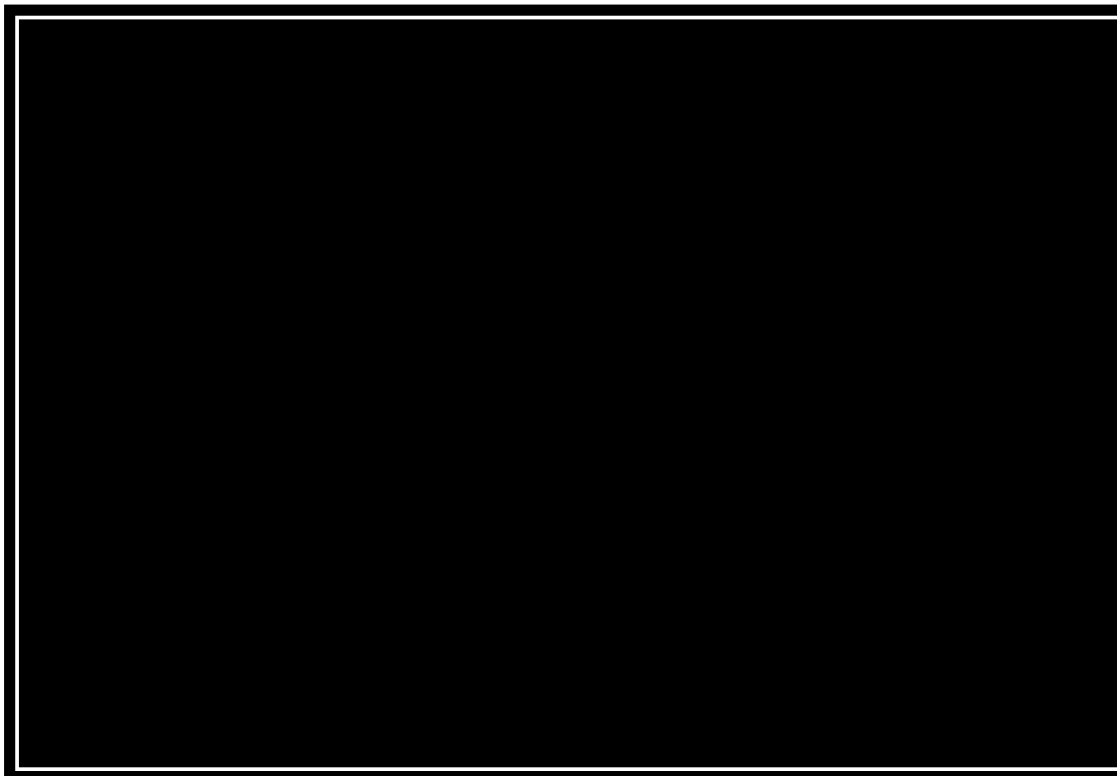




Attended the Mega Job Fair for  
mobilization at Lal Godown, Nagpur



Mobilization drive at Dhanwate  
National college, Nagpur

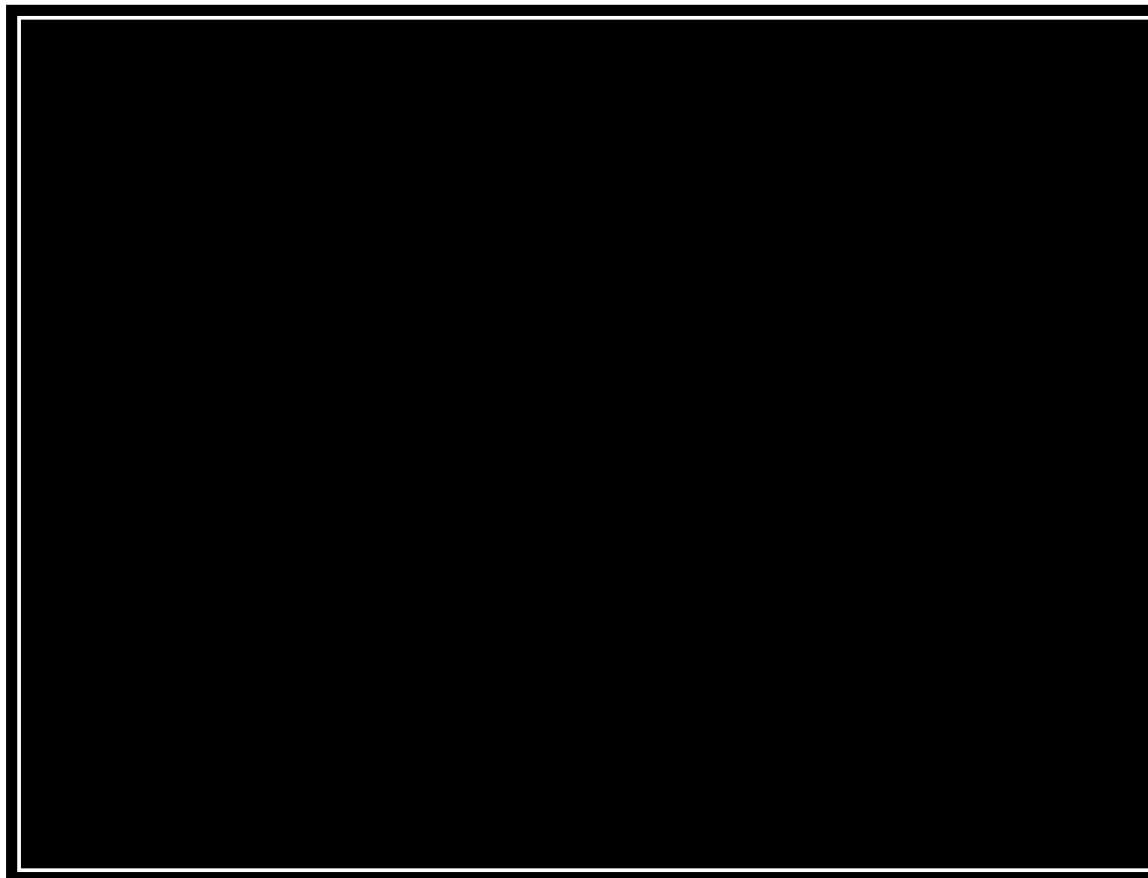


Orientation session was conducted for GDA learners at centre by Sevarath Health Care and Nursing on 5<sup>th</sup> January 2024, at TSEC Ponda

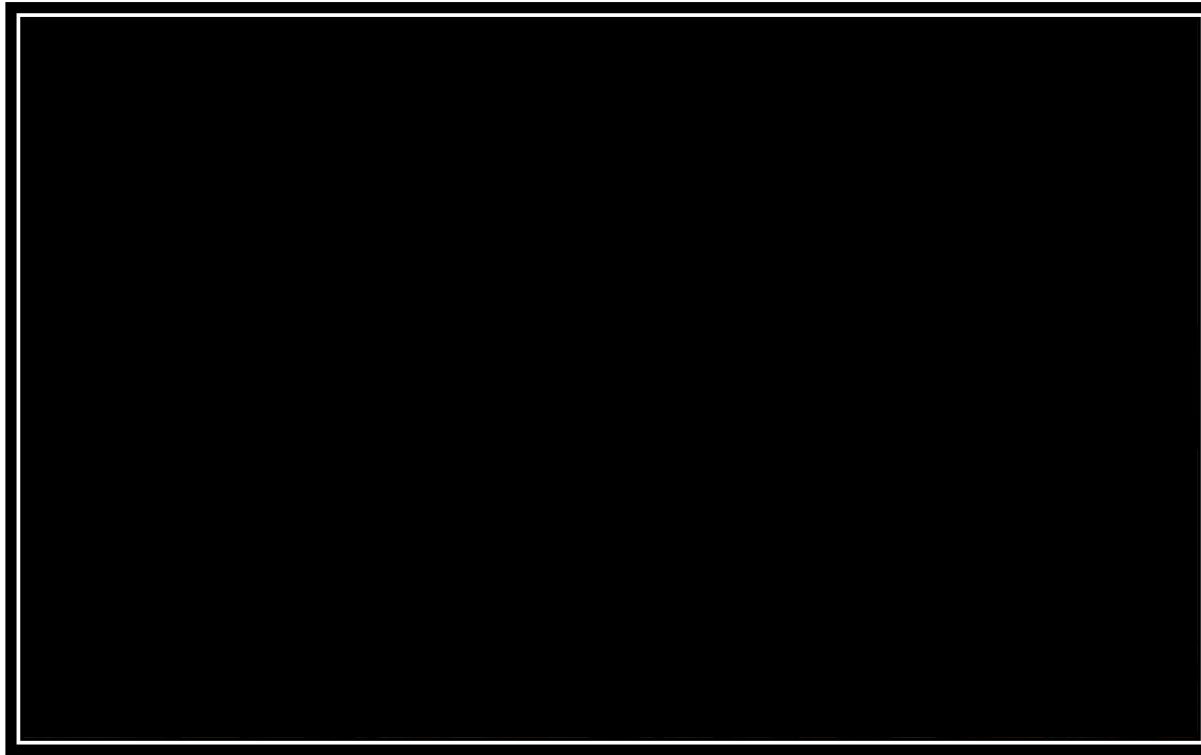


# PARENTS MEETING

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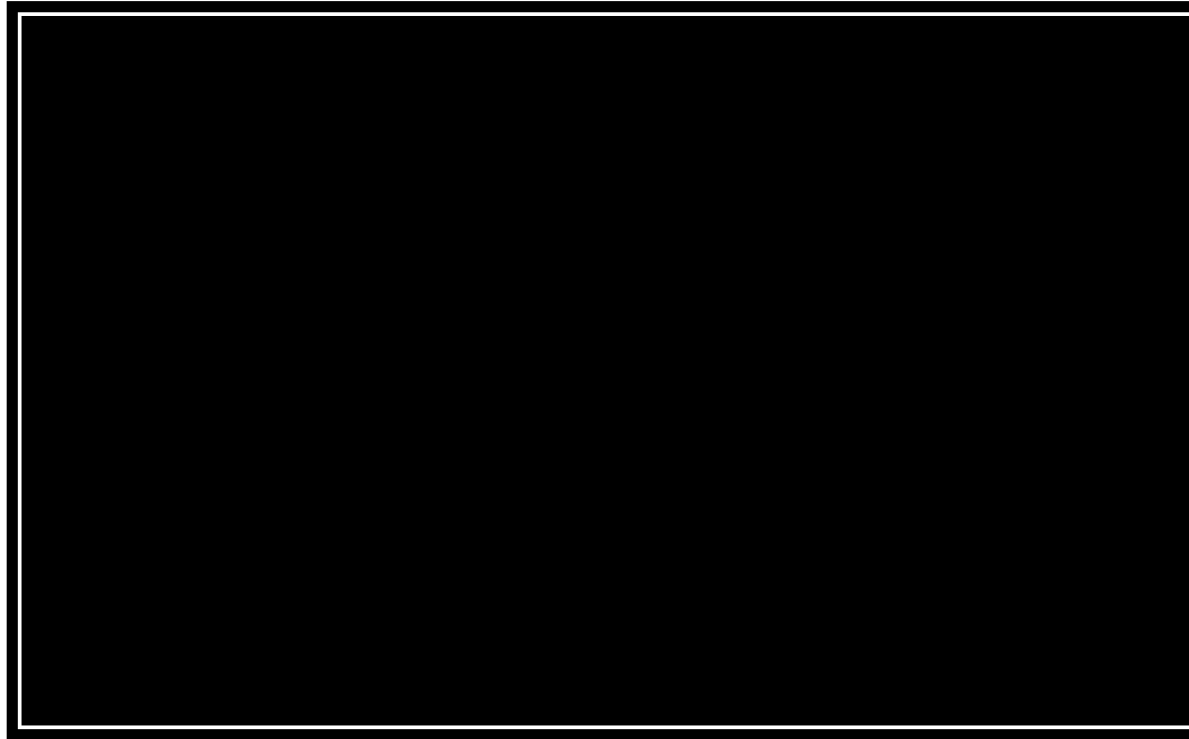
Conducted parents engagement program, Nagpur



Successful conducted parents meeting/engagement at TSEC  
- Nagpur



2<sup>nd</sup> Parent's Meeting conducted for GDA 2<sup>nd</sup> Batch on 12  
Sept 2023 at TSEC Ponda



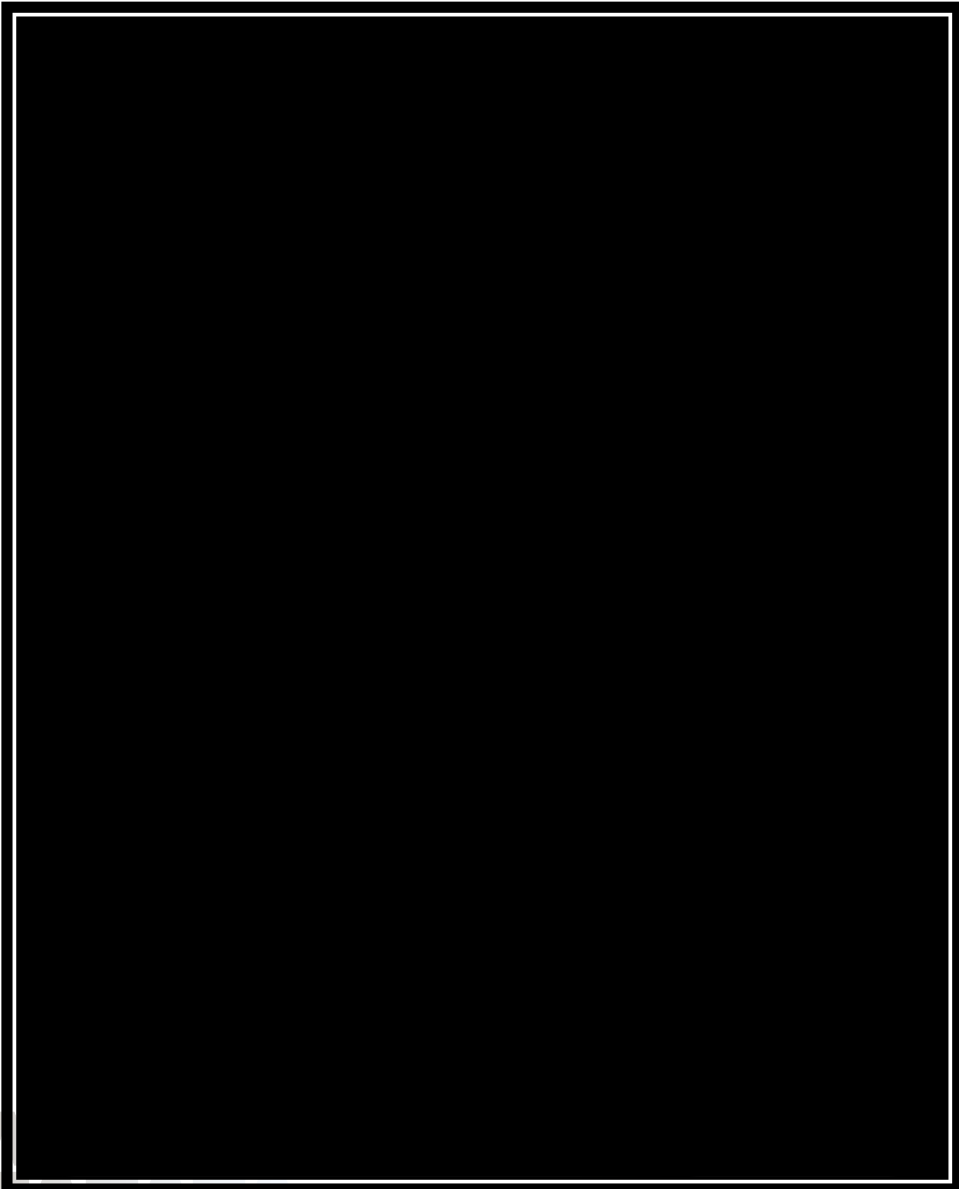
GDA learners are discussed few things in front of all parents – Explained about GDA content till time what they have learned at TSEC Ponda.





# CENTRE ACTIVITIES

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Guest Lecture session conducted at  
TSEC Nagpur Guest: Payal Gupta - CS  
(National Stock Exchange)

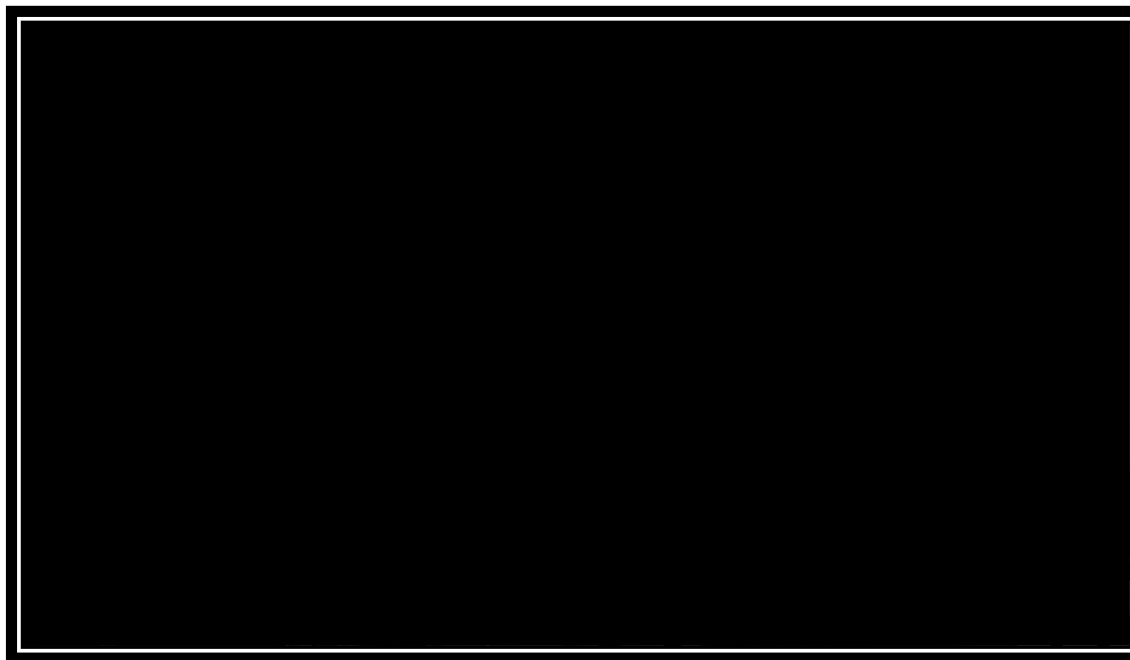
Topic: Wealth Management Batches.



Conducted guest session Mr. Rajbhusan Shrivastava ,  
Young Professional National Career Service  
Ministry of Labour and Employment Govt. of India,



SME session conducted by Miss Shreemi Naik a respiratory therapist, on 23 Jan 2024, TSEC Ponda

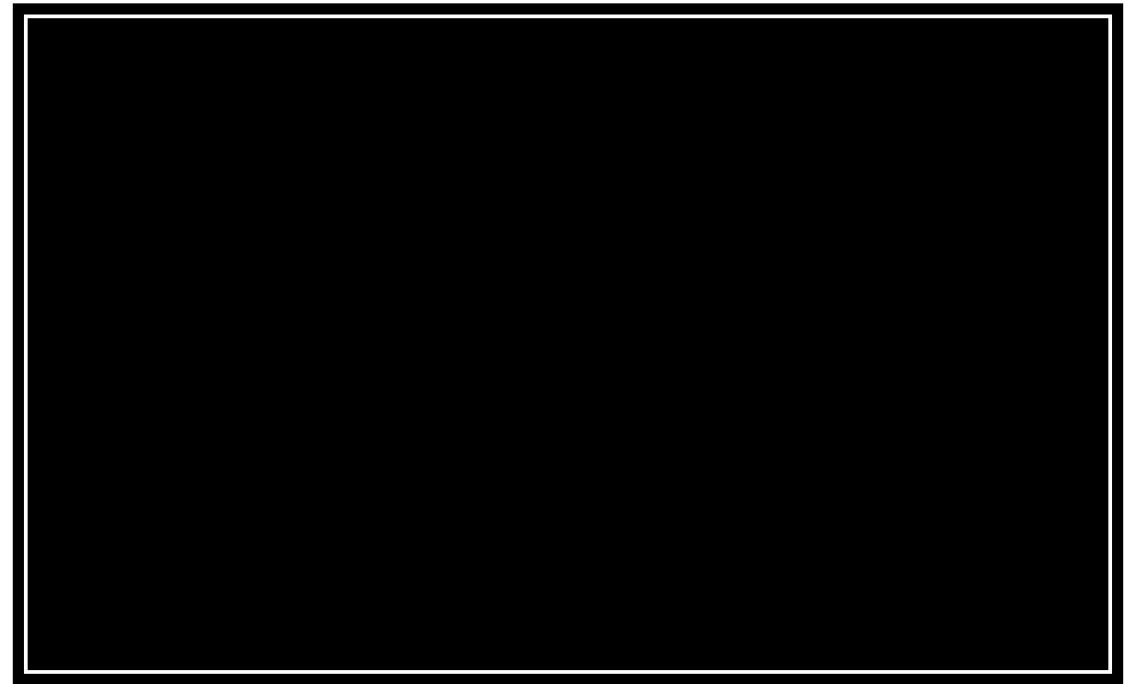
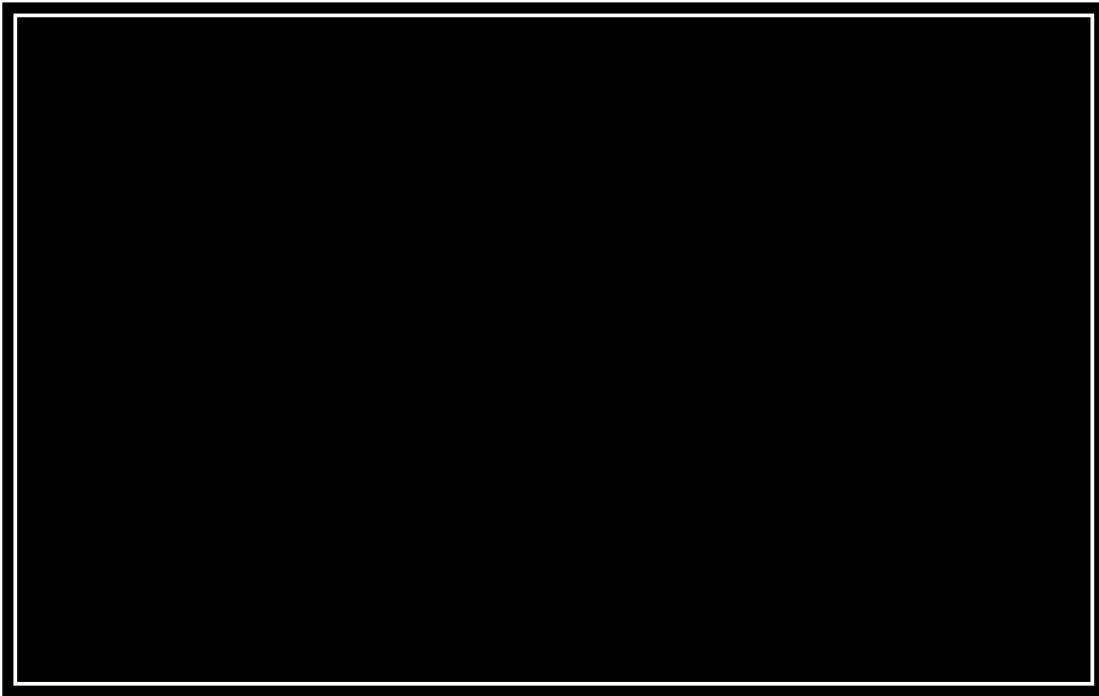


SME session conducted by Miss. Anuja Toraskar an occupational health nurse, on  
3 feb 2024 at TSEC Ponda



# INDUSTRY VISIT

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Field visit done at IHCL TAJ CONVENTIONAL RESORTS & SPA BY TSEC FOA- Batch



As divided group- Field visit done on 8<sup>th</sup> & 9<sup>th</sup> sept.2023 at Lawande Hospital,Kamat Nursing Home Margao, Healthy joints & Bone at Borda and also done at Sanjeevan nursing home Ponda.





# PLACEMENT DRIVE

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## Preparation

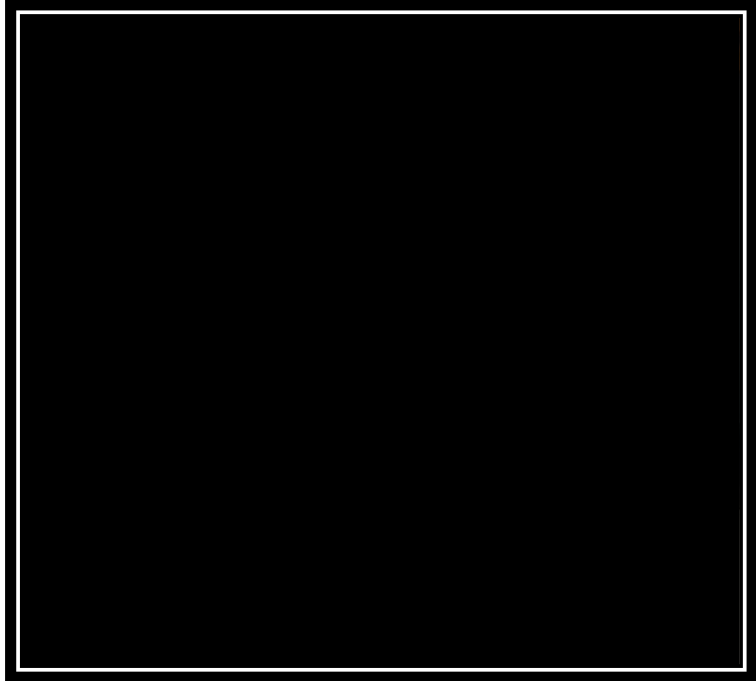
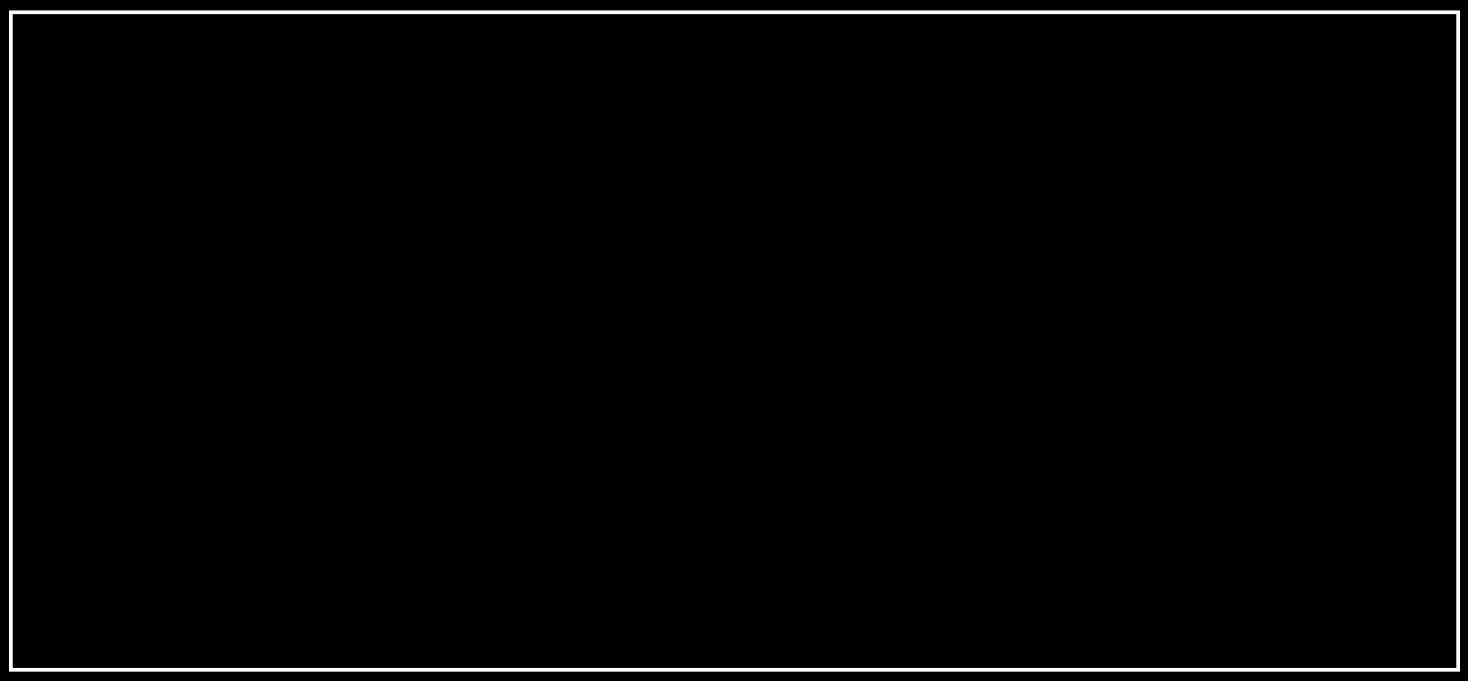
- Branch Owner to ensure learners have made their resume at least 20 days before batch end date in required format
- Send invite to employers for placement opportunities 15 days before end date, and schedule interviews after summative assessment
- Conduct mock interviews of learners 7 days prior to batch end date
- Share interview details with learners at least 2 days before interview

## Placement Drive

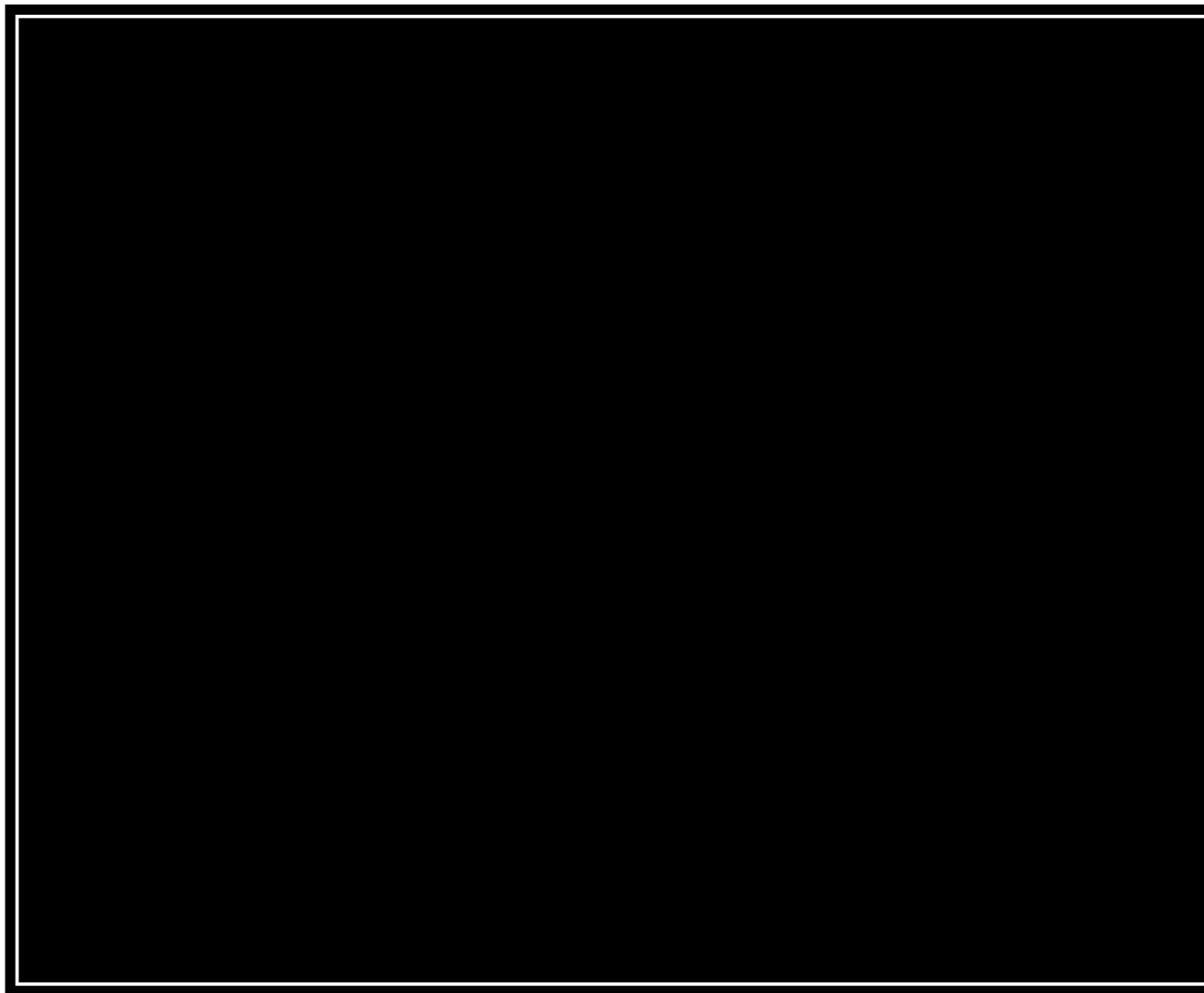
- Ensure learner appears at interview location on time and as per list shared with employer
- Follow up with employer and learner after interview

## Post-selection

- Update all selections in DigiHub as per evidences received
- Collect and save evidences in Google Drive/DigiHub within 15 days of placement
- Evidence as per evidence matrix only
- If by end of OJT (On Job Training)/classroom 100% placement is not achieved escalate to central placements team
- Placement status to be updated within 60 days of batch end date; joining status within 60 days



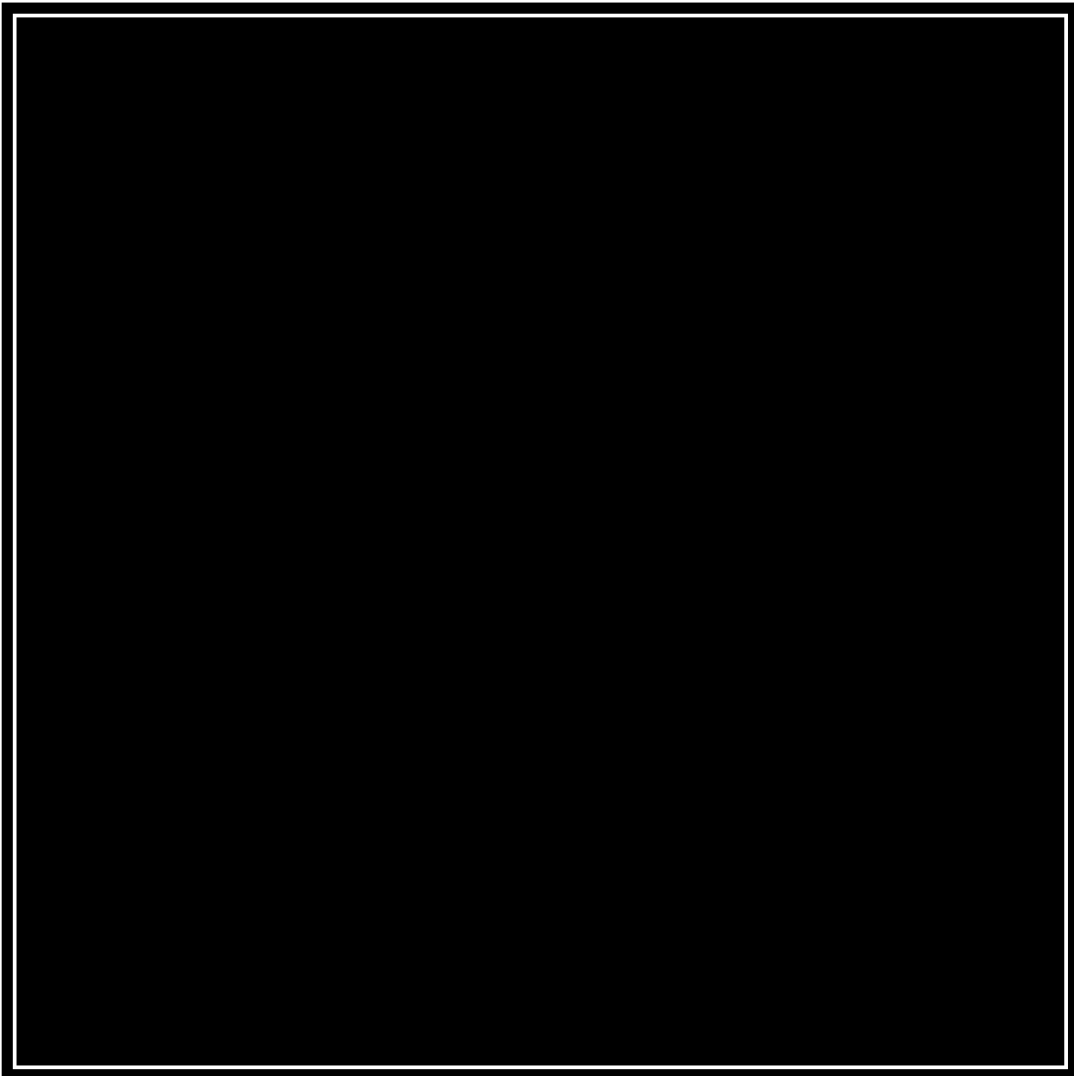
Conducted Axis bank employer Guest session  
and job drive at Nagpur center.



Conducted Job drive at Suryoday Bank



Meet Mr Krantipal training manager at Pride hotel discuss regarding OJT and Placement support.



Total 6 New Placement  
partners/agencies on boarded in  
this FY\_2023-2024



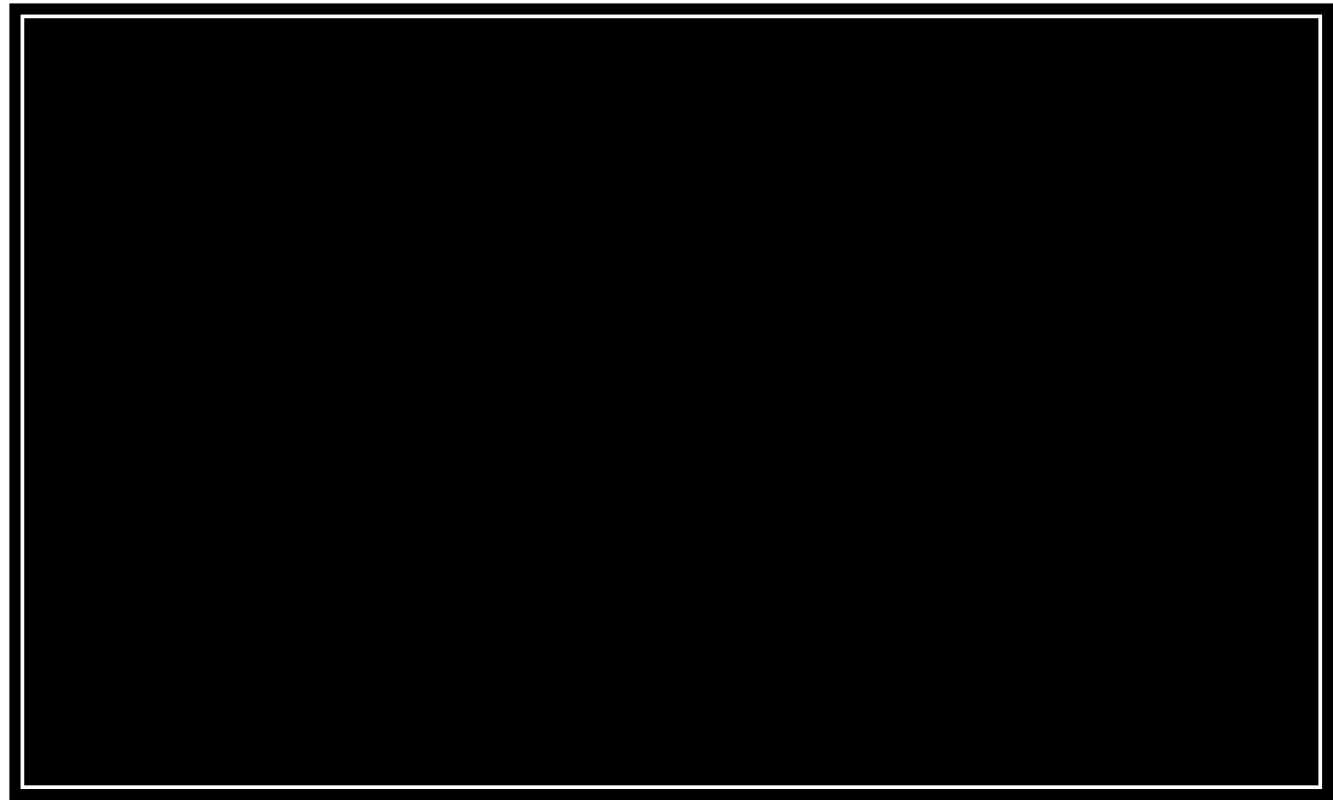
# CELEBRATION

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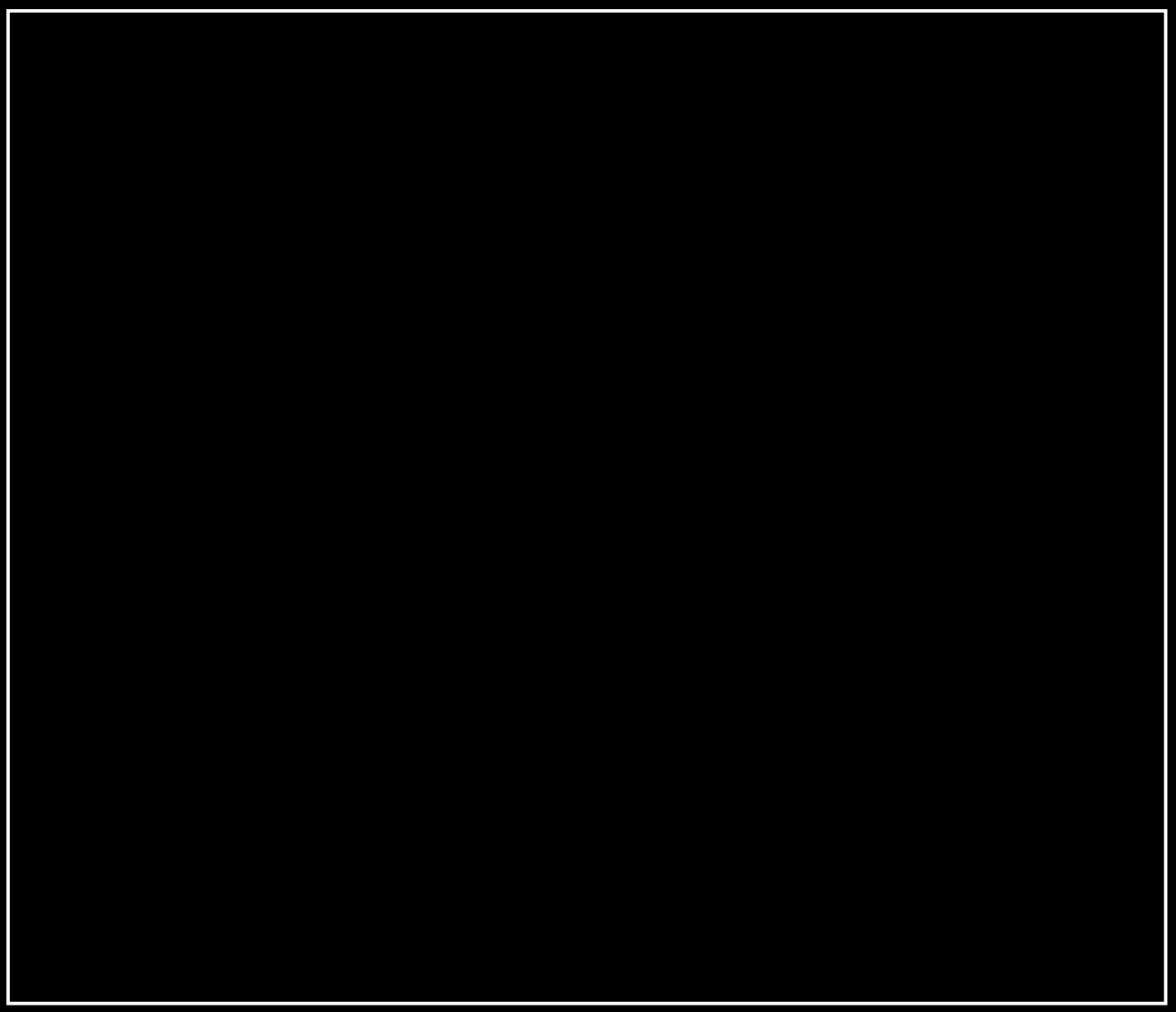


Celebrated International Yoga day on 21 June 2023

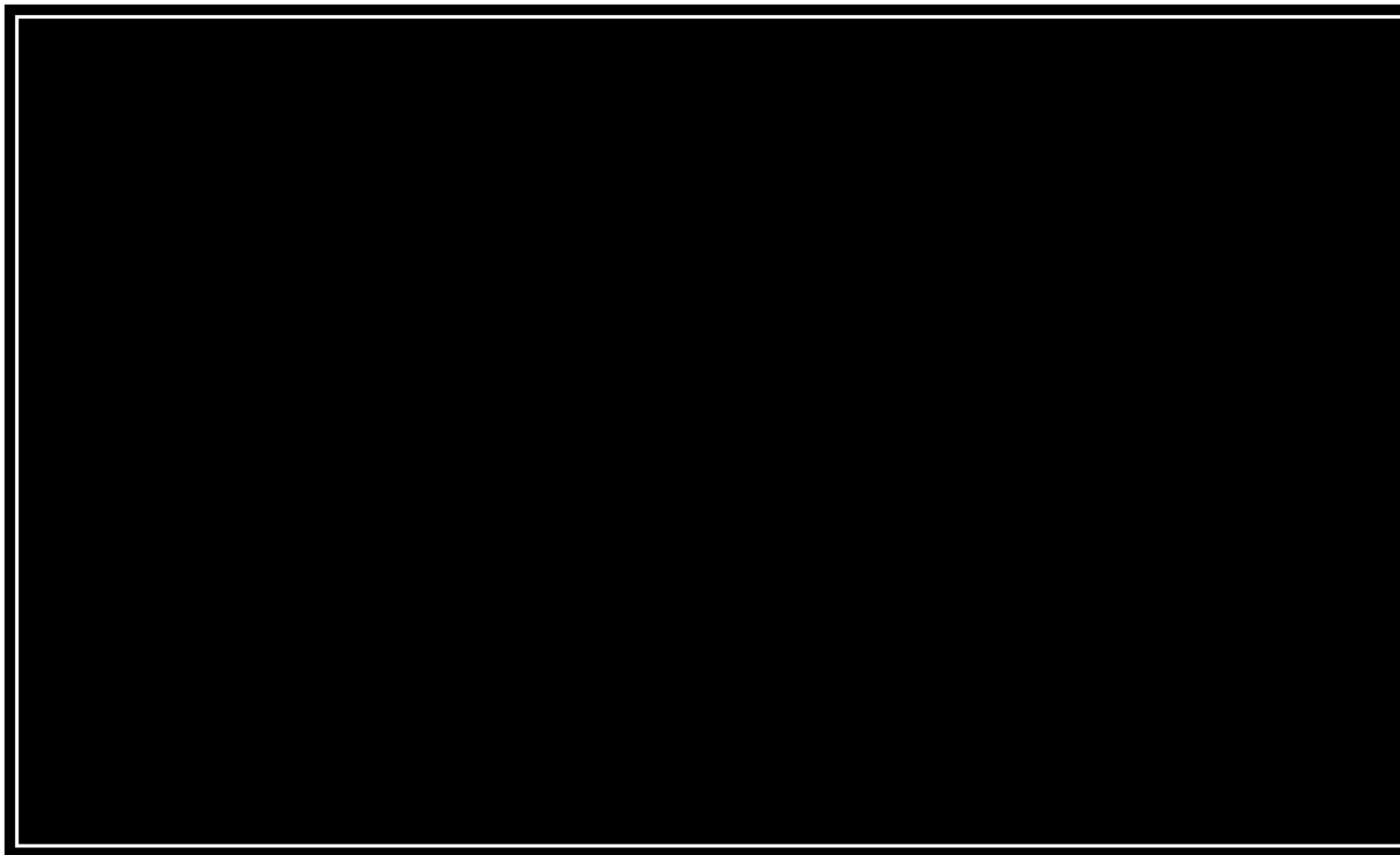




WORLD YOUTH SKILLS DAY 2023



We have celebrated 77th Independence day with various cultural events learners showcase their talent by creating creative model, participate Groups songs, Group Dance and Speeches on Independence day



WORLD TOURISM DAY CELEBRATED AT TSEC BY FOA  
LEARNERS 27<sup>TH</sup> SEPTEMBER 2023

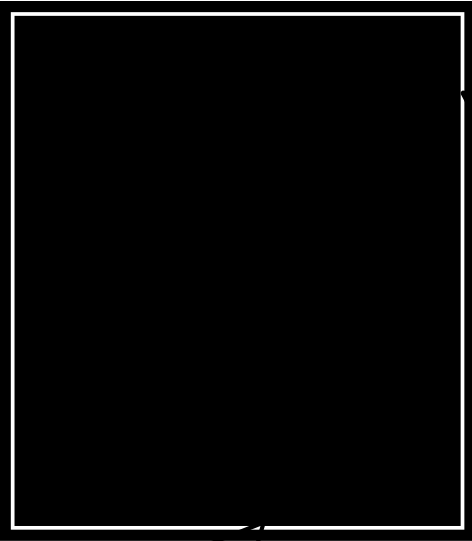


HIS

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Manisha, originally from Bhopal, Madhya Pradesh, grew up in a household where her father served in the government. Despite her background, she pursued her passion for hotel management after completing her science education. As an SC category member, she resided as a Paying Guest in Nagpur, determined to improve daily through feedback.

Introduced to Tata STRIVE by friends, Manisha promptly enrolled at TSEC Nagpur. Throughout her journey, she displayed unwavering dedication, achieving an impressive 88% attendance and securing a B-grade. Her willingness to embrace challenges honed her leadership skills, evident during her one-month OJT at Taj Lakefront, Bhopal.

Currently, Manisha thrives in her apprenticeship at Taj Lakefront, finding joy in her work environment and newfound financial independence. Facilitators commend her innovative customer engagement techniques, while Manisha reflects on her learnings, grateful for the opportunity to enhance negotiation and time management skills through Tata STRIVE. She aspires for a better life for herself and her family, acknowledging the pivotal role played by Tata STRIVE and Everest Kanto in her journey.

**Full Name :-** Manisha Khade  
**Age:-** 24 Years old  
**Tata STRIVE Course :-** FOA  
**Batch Name :-** FOA\_00046  
**Location/Center :-** TSEC Nagpur

Impact

**Placement with Employer:-** TAJ IHCL Ltd(Bhopal)  
**Annual Salary :** 1,20,000 /-  
**Designation :** Receptionist

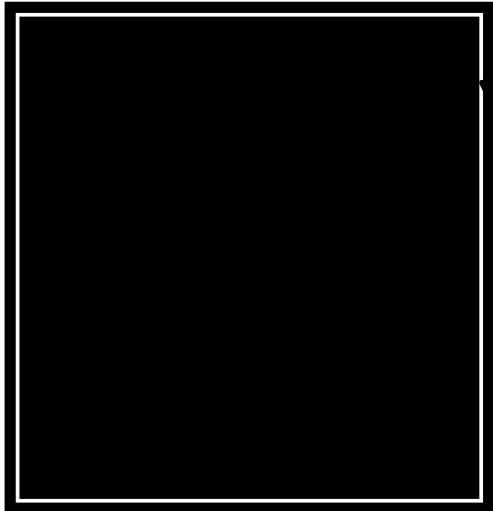
I am Nikita Uikey belongs to gram Patansaongi Nagpur District (MH). My parents are farmer and belong to the BPL category.

I learnt about Tata STRIVE centre. Tata STRIVE team visited to Bhawani Nagar for door-to-door visit for the mobilization. I was living in Bhawani Nagar with my friends. During the visit, facilitator explained to me about the General Duty Assistant program. We were inquisitive and visited the skilling centre in Nagpur. Center Head enlightened us about the 3 months training program and care opportunities.

I was very regular and dedicated learner's during the training sessions, observed to accept new challenges & tasks voluntarily which sharpened my leadership skills. Afterwards, I completed 1 month OJT from Kims-Kingsway Hospital Nagpur.

I joined the training and felt that the trainers were so cooperative that they build the motivation and encouragement during the training. I learnt in detail about a Hospital, Medical equipment, Operation Theatre & various departments of Hospitals, Patient Care, roles & responsibilities of a GDA and Workplace readiness. Now, currently I'm working in Kubde Hospital, Pardi Naka, Nagpur as a Homecare services. I'm enjoying the work environment. I am happy now that I could fulfill the basic requirements of my family.

I would like to thank Tata STRIVE and Everest Kanto for giving me the opportunity and for providing training. It is a pride for me to be a part of the program.



**Full Name :-** Nikita Sukhlal Uikey  
**Age:-** 24 Years old  
**Tata STRIVE Course :-** GDA  
**Location/Center :-** TSEC Nagpur

**Placement with Employer:-** Kubde Hospital, Pardi Naka, Nagpur

**Annual Salary :** 108,000/-

**Designation :** Homecare services

Impact



Adarsh, a young learner with a hunger for knowledge, embarked on a remarkable journey. After completing graduation from Engineering college as a B.E Mechanical, Adarsh found himself at a crossroads, searching for a path that would fuse his passion for creativity with a fulfilling career. It was then that he discovered the doors of opportunity that Tata STRIVE would open for him.

Adarsh delved into UI design, he honed his craft using industry-standard tools such as Figma, Adobe XD, and Adobe Premiere Pro. The program not only equipped him with technical proficiency but also introduced him to the fundamental principles of color theory, typography, and videography. Adarsh's learning experience became a canvas, painting a vivid picture of a skilled designer in the making.

Adarsh received an offer from Proper Media Company in Chandigarh, Punjab, to work as a video editor there for INR 18,000 a month.

Adarsh secured a job opportunity in Chandigarh Punjab as a Video Editor at Proper Media Company. His multifaceted skills, developed during his time at Tata STRIVE, made him a valuable asset in the dynamic world of media production. Thank you Tata STRIVE and Everest Kanto.

**Full Name :-** Adarsh Bhadange  
**Age:-** 21 Years old  
**Tata STRIVE Course :-** UX Design  
**Batch Name :-** UX\_00024  
**Location/Center :-** TSEC Nagpur

## Impact

Placement with Employer:- Proper Media Chandigarh  
 Annual Salary : 216,000/-  
 Designation : Video Editor



I am Ravi Tambe belongs from Makardhokda, Umred district Nagpur.

I am joining Curate Health Services LLP as Homecare Service. Tata STRIVE has helped me a lot in gaining the knowledge required to work as an Homecare Service and understanding many principles of Patient care. I learnt in detail about a Hospital, Medical equipment, Operation Theatre & various departments of Hospitals, Patient Care, roles & responsibilities of a GDA and Workplace readiness.

It has been difficult to work as an General Duty Assistant Without understanding the concepts of GDA, Tata STRIVE has helped me gain this knowledge.

I always memories the facilitator support, new learning activities, for good Behaviour, helping Nature & Mindfulness session and Discipline.

Thank you, for giving me the opportunity to understand & provide the best experience in General Duty Assistant.

Thank you very much, Everest Kanto and Tata STRIVE Nagpur.”

**Full Name :-** Ravi Tambe  
**Age:-** 24 Years old  
**Tata STRIVE Course :-** GDA  
**Batch Name :-** GDA\_00129  
**Location/Center :-** TSEC Nagpur

Placement with Employer:- Curate Health Services

Annual Salary : 192,000/-

Designation : Health Care Assistant

Impact



Ms Rajashree Kumbralkar, a determined 24-year-old from Dharbandora Goa, comes from a middle-class family. Her father is employed as driver, while her mother takes care of the household. Despite financial challenges and personal trials, she believes in herself and is determined to pursue her dreams to become a good nurse in future.

She completed B.A from Suktali, Mollem, Dharbandora, Goa. Rajashree discovered Tata STRIVE's Training and Placement program from her friend at her native place.

Intrigued and driven by curiosity, she enrolled in the program at our TSEC Goa Centre. Today, she is successfully employed as a trainee nurse at Sevarat nursing home and health care services old Goa.

Rajashree explains many things about institutions training, practical sessions, classes and as well as training methods are very different in our Tata STRIVE skill development centre Ponda Goa. I am grateful for this opportunity and for the support provided by Tata STRIVE facilitators & Everest Kanto.

**Full Name :-** Rajashree Kumbralkar

**Age:-** 24 Years old

**Tata STRIVE Course :-** GDA

**Batch Name :-** GDA\_00130

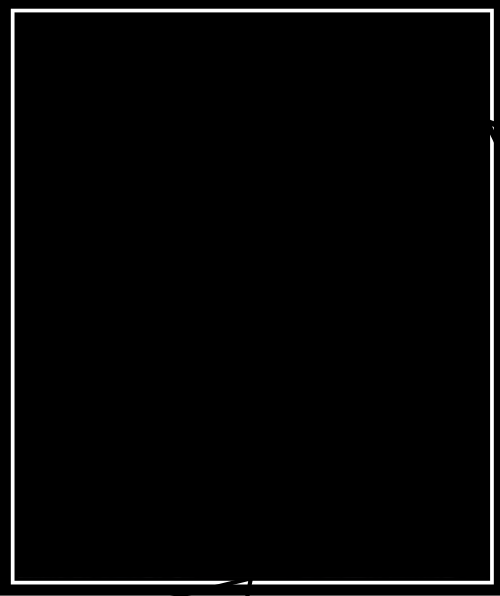
**Location/Center :-** TSEC Ponda

**Placement with Employer:-** Sevarat Nursing Home & Health Care Services

**Annual Salary :** 240,000/-

**Designation :** Trainee Nurse

Impact



Jayanti Naidu is a native of Chennai who migrated to Goa in 2020. She was earlier married but then she filed for divorce and currently lives with her son. Her son is a specially abled child who is 7 years old. Coming from a humble background, she always aspired to enter into the Hospitality Sector. Scrolling through a lot of institutes providing this programs she stumbled upon Tata STRIVE. She immediately contacted the facilitator and enrolled for the course.

Jayanti is currently placed at Casino Big B by Resort Rio and works there as a Front Office Associate. Looking at her skills and her eagerness to excel, the employer of the company will be promoting her as an executive next month.

She credits Tata STRIVE for her overall improvement and empowering her to take decisions for her future in a sustainable manner.

**Full Name :-** Jayanti Naidu  
**Age:-** 33 Years old  
**Tata STRIVE Course :-**FOA  
**Batch Name :-** FOA\_00028  
**Location/Center :-** TSEC Ponda

## Impact

**Placement with Employer:-** Casinno Big B by Resort Rio  
**Annual Salary :** 288,000/-  
**Designation :** Front Office Associate



*Skill Development Initiative of Tata Trusts*

- [www.tataSTRIVE.com](http://www.tataSTRIVE.com) -



# Strengthening Learning: Promoting education of children from marginalized communities

Reporting period:  
**August 2023 to March 2024**

Supported By  
**Everest Kanto Cylinder Ltd**

Implemented by  
**Tara Mobile Crèches Pune**



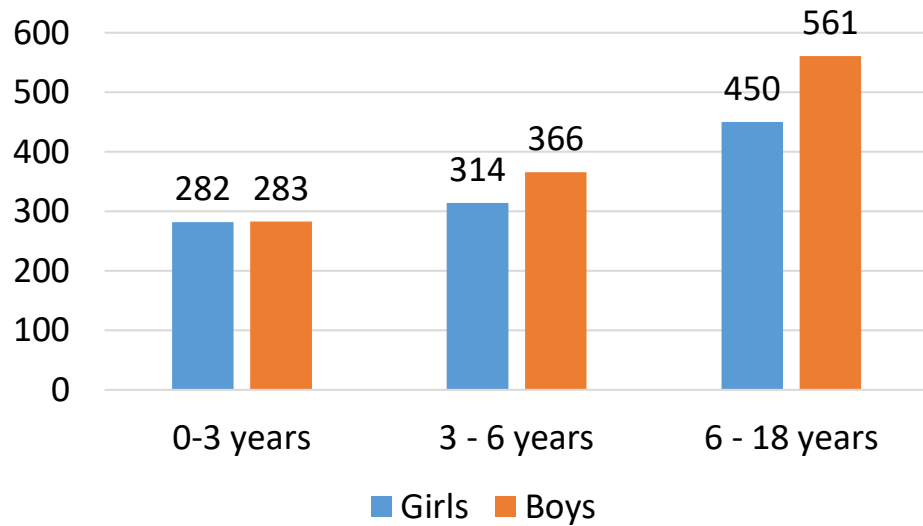
# Measurable Impact

- Number of **children benefited** from Aug 2023 to March 2024: **2256 Children**
- Number of children benefited from **monthly health checkups**: **1825 Children**
- Number of children who **received medicine** for minor illness: **1259 Children**
- Number of **malnourished children** who received special diets: **200 Children**
- Number of Pregnant women made aware of taking care of themselves: **138 Pregnant women**
- Number of Lactating mothers made aware of taking care of themselves and home-based care of their children: **320 lactating mothers**
- Number of parents with children between birth to 6 years attended meetings on child development: **97 Parents**
- Number of children attending school: **384 Children.**
- **390 children** received support for academic class and **180 children** received school transportation facilities.

# Beneficiaries of Health, Nutrition, and Education interventions

**2256 Children (1046 Girls and 1210 Boys)** benefited with the intervention of health, nutrition and education at day care centres carried out from Aug 2023 to March 2024.

Age group wise number of girls and boys reached from Aug 23 to Mar 24



# Monthly Health Check up

- 1825 children screened in the monthly health checkups.
- 1259 children being treated for Minor Illnesses by visiting doctors and received medicine as prescribed by doctors.

- The monthly doctors' visits have helped to detect and treat seasonal illnesses on time thereby curbing the morbidity rate.
- Special cases and major illnesses were referred for specialized treatments and therapies.
- Regular health checkups reduce out-of-pocket expenditure of parents as well as help in attending to their daily wage work.

WASH and Sanitation practices are reinforced at regular intervals to promote good health. The most common infectious diseases and diarrhoea are controlled to a greater extent.



Note: Children are first screened by TMCP staff and only those children with complaints /health issues are screened by the visiting doctor.



# Health Camps

## EYE Check up

Specialized eye check ups were arranged for children by H. V. Desai Eye hospital, Hadapsar team.

Total 196 children were checked during the camp. (103 Girls and 97 Boys from Abhilasha , Godrej Centre Park and YOO Pune)



## Dental Check Up

Dental Check ups were arranged for 411 children from 8 daycare centres. (195 Girls and 216 Boys were covered.)



## Community health camp

Community health checkup for 1701 community labourers of 14 Daycare centres



# Malnourishment Status

3% (44 children) identified with Severe Acute Malnourishment and parents are sensitized on immediate care of children at home.

11 % (156 children) identified with Moderate Acute Malnourishment received special diet and care.

Number of children benefited from Mar 2023 to Dec 2023								
Centres	0 - 5 Years	Identified-SAM	Identified MAM	Continued MAM	Migrated	SAM to MAM Converted	MAM to Normal	Relapsed
15 Centre	1327	44	156	73	77	15	32	3

- Measures are taken to ensure the transit of Severe Acute Malnourishment (SAM) to Moderate Acute Malnourishment (MAM) child to healthy category.
- SAM cases during the reporting period were without any medical complications. Hence they were taken care of at the centre.
- Others are treated under the guidance of visiting doctors and provided special feeds at the centre.
- Similarly parents are educated on practicing cleanliness and cooking nutritious food choices at home.
- Special formula is designed for Children with SAM and MAM conditions.
- With all the above interventions 15 children were transferred from severe to moderate malnourishment.
- **With Special attention and interventions 32 children were transited to normal body weight.**

# Working with Pregnant Women and Lactating Mothers

138 pregnant women and 320 lactating mothers received monthly awareness sessions and special Nutri snacks.

## Topics covered in small group discussion

1. Causes and prevention of malnourishment
2. Home based care of children in viral flu
3. Vaccination and care during pregnancy
4. Home based new born care
5. Importance of breastfeeding
6. Importance of balance diet
7. Vaccinations in children
8. Cleanliness and hygiene
9. Malnutrition in women and children
10. Home-based care for children who were suffering from Measles and Mumps



**World City – 1**  
**वैष्णवी म्हणाली,**  
 “माझ्या होणाऱ्या बाळाची मी आतापासून काळजी घेईन व्यवस्थित आहार घेईन.”



**World City – 2** गटाची प्रतिक्रिया:  
 “हम सब लोग पहले से सभी सब्जीया या फल नही खाते है और प्रेगनेंट रहते तभी भी हम जो है खाना दाल चावल ही खाते है उसमे से बच्चो को पोषण नही मिलता है अभी हम सारे सब्जी खायेंगे ताकी बच्चा पोषीत रहेगा.”

Neurobion Forte capsules are given to pregnant and lactating women for their increased nutritional needs in this physiological state.



**YOO PUNE**  
 “सयान ची आई म्हणाली “जो काम खाते है । पौष्टिक खाना नही खाते वो बच्चे कपोषित मे आते है । बच्चा और मा ने अच्छा खाना चाहिये ।”

# Activities with birth to 3 years old children

565 Children ( 282 girls and 283 boys) between birth to 3 years received holistic age-appropriate stimulation through various activities



# Development activities for 3 to 6 years old children

Activities for holistic development and for readiness of school were conducted



- 680 Children in age group of 3 to 6 years received age-appropriate stimulation through various activities
- 242 Children above 5 years received activities for school readiness such as Pre math, Pre-reading and Pre-writing skills

# Development activities for 3 to 6 years old children

Activities for holistic development were conducted

## Art Based Activity



मुलांना रंग बघून इतका आनंद झाला कि सर्व मुले उड्या मारत "होली है होली है" ओरडत होते .

मुले मस्त पेपर वर हाताचे वें पायाचे पंजे उमटवत होते . आर्या आणि काजल एकमेकांच्या हाताला रंग लावून होली है बोलत होते .

## Cooking Activity



प्रथमेश म्हणाला, "आमच्या गावाला आंबे खूप आहेत." "रेणुका म्हणाली बेर, पपई, मेरी मम्मी लाती है। इमली बहोत खट्टी होती है"।

ईश्वरी म्हणाली, "आपल्या झाडाला पपई येतात. लहान असतात तेव्हा हिरव्या असतात आणि पिकल्यावर गोड लागतात. "

## Science Activity



ताई नी माहिती सांगण्याआधी संगमेश्वर सारखा प्रश्न करत होता . "ताई रंग आणि फुलाचं आपण काय करणार आहे ?

रोहन म्हणाला "रंगीत पाणी च्या बरणीत फुले ठेवणार आणि रंग बघायचा"

सुयश म्हणाला "लाल पाणी सफेद फुल ने पिया इसलिये उसका रंग लाल हो गया" ।

## Nature Walk



भमी बोली "ताई आकाश का रंग नीला है और पाणी का टंकी का रंग भी नीला है"

# Working with Parents of birth to 6 years age children

Parents meetings were conducted to educate parents about, importance of school, joy of parenting. Activities such as Open day and Dabba party conducted to increased participation of parents.



## Response of APIT parents

समीर ची आई म्हणाली, "ताई मेरे दोनो बच्चो को मराठी स्कूल में भरती करो!"

निशा ची आई म्हणाली, "ताई मैं कभी निशा कि बात सुनती नहीं थी ! हमेशा मेराच चलता था ! अभी मैं ऐसा नहीं करूंगी बच्चो का पसंदी के तरफ ध्यान दुंगी उनकी बात सुनुंगी!"

## Response of Rohan Abhilasha Parents

अमन ची आई - "तुम्ही सांगितलेल्या गोष्टी जर आम्ही केल्या तर त्याचा फायदा मुलांना भविष्यात होणार आहे, त्यामुळे या गोष्टी मी नक्की घरी करणार.

शिफाची आई - मुलां समोर आम्ही भांडण करणार नाही.

कुश ची आई - मी माझ्या मुलांना सर्व गोष्टी मध्ये सहभागी करून घेते, त्यांची आवड विचारते.

## Response of Ganga Legend parents

वंशची मम्मी म्हणाली , "ताई मुलांसोबत कशा सोप्या पद्धतीने activities घरी घ्यायच्या हे सोप्या पद्धतीने कळले . आम्ही घरी काही गोष्टी यामधील करूयात ."

विष्णु आणि कोमलची आई म्हणाली , "आम्ही मुलांना काही विचारलं तर राग येतो . पण आता आम्हाला कळाले की , आपण मुलांसोबत कसे नेहमी बोलले पाहिजे"

# Education – School enrolled children

**384** Children enrolled in the school received supervision support for schooling.

**180** children availed transportation facilities.

**390** children received academic support classes to ensure they remained in the mainstream.



Academic support class



School Transportation support



Supervision support for schooling



# Education – Co-curricular

Co-curricular activity	Number of children
Sports activity	321
Drawing class	134
Mallakhambh ( Rope and Pole)	238
Music class	287
Dance class	765
Life Skills	171



## Music Class

हेमलता म्हणाली आज मैं म्यूझिक क्लासमे बैठी थी मुझे बहुत अच्छा लग रहा था . हमें होंगे कामयाब एक दिन ये गाना सून के मुझे ऐसा लग रहा था कि मैं एक दिन बहुत बडी हो जाऊंगी.

## Art Based therapy

### World City - 1

संकेत म्हणाला - सेशनमध्ये काही नियम केले आहेत ते मला खूप आवडले . उदा. जसे कि क्लास मधील बाहेर नाही काढायच्या.



## Dance Class

रितेश ज्या दिवशी डान्स क्लास ला नसतो तेव्हा तो इतर मुलांना विचारतो आज सरांनी काय शिकवले मला पण शिकवा .

**Sport Class:** काव्या म्हणते "खेळायचे नियम क्लास मध्ये समजले त्यामुळे खेळ खेळायला मज्जा येते. मी शाळेत हि खेळ घेते".



## Mallakhambh Class

लीलाकुमारी म्हणाली, "मला माझ्या शरीराच्या वजनामुळे रोप वरती चढण्यास खूप अवघड जात होते . मला कधीच रोप वरती चढता येणार नाही असे वाटत होते. आसन करण्यास जमणार नाही असे वाटत होते पण क्लास नियमित केल्याने मला असणे जमू लागल्या आहेत."



## Djembe class YOO

### Pune

आकांक्षा म्हणते "ताई ,मला झेंबे च्या तालावर गाण कस म्हणायचे हे चांगल जमत आहे".

## Drawing Class

शुभम म्हणाला पेहेले हमको drawing करना नहि आता था. सरने हमको सिखाया .



# Education – Career Guidance and Exposure activities

## Career Guidance workshop

A Career Guidance workshop has been designed for children studying in classes 9th to 12th. The workshop Guidance workshop **on various career opportunities and what preparations should be made to achieve the set goals** will be introduced to the children. 22 children from 3 centres. 2 session were conducted with external resources

**Responses** - पूजा म्हणाली मला वर्कशॉप खूप आवडला, आपण आपल्या आयुष्यातील किती दिवस किती वेळ कसा वाया घालवतो हे समजले . त्यामुळे कोणतेही काम करताना वेळ वाया जाणार नाही . जास्तीत जास्त वेळेचा उपयोग चांगल्या कामासाठी घालवेन.



## Life Skill Sessions



“नितीन म्हणाला मी इतर मुलांच्या संगतीने व्यसन करत होतो पण सतत ताई माझ्या सोबत बोलून आणि वेगवेगळ्या सेशन मधून समजले या वयात अभ्यास करणे गरजेचे आहे.”

## Exposure visit to IUCAA center and Science Park

YOO PUNE

“आर्यन म्हणाला घरगुती वस्तूपासून वेगवेगळे प्रयोग करता येतात समजले “रेणुका म्हणाली हृदय सगळ काही कंट्रोल करते हे समजले”.



**Responses** - पूजा म्हणाली तेथील ताईनी एक प्रयोग दाखवला तो माझ्या पुस्तकातील धड्यातील एक विषय होता Concave mirror and convex mirror यामुळे तो मला चांगल्याप्रकारे समजला. नंतर आपल्या शरीरात रक्ताभिसरण कसे होते यावरील व्हिडी ओ पहिल्याने रक्ताभिसरण प्रक्रिया समजली हृदय कसे काम करते हे समजले.

# Water and Financial Literacy session



## Water Literacy

122 children participated in the session( Girls - 62 Boys - 60)

A water Literacy session was conducted for the children by the Jividha Foundation.

To create awareness about water conservation among the children sessions were conducted on Water literacy at the center. Children learned about the Water evaporation method, Sources of Water, how to save water, and the practices of using water efficiently to reduce unnecessary water usage.



## Financial literacy:

These sessions were conducted for children aged 10 to 16 for 217 children at the daycare centers to foster lifelong saving habits. Recognizing the unique circumstances of families at the construction site's labour community, a tailored educational program was designed to impart essential financial skills. The sessions were focused on explaining basic concepts such as distinguishing between needs and wants followed by savings. By incorporating interactive activities and real-life examples relevant to their environment, children were able to grasp the importance of saving at an early age. Empowering them with knowledge about managing money can equip them to make informed financial decisions, ultimately contributing to their financial stability and long-term well-being



# Staff capacity building.

Training for field staff



Training for Coordinators



**Thank You**